



National  
NURSE  
PRACTITIONER  
*Symposium*

Excellence in Continuing Education  
and Professional Development



**July 7-10, 2016**

Keystone Conference Center  
Keystone, Colorado

800-996-3233

[www.npsymposium.com](http://www.npsymposium.com)

*Jointly Provided by Dannemiller and the  
National Nurse Practitioner Symposium*

*"This is my first time at this conference and it beats all the other conferences I have attended since 2001! Very well done with topics, speakers and hands-on opportunities! I will be attending again." — 2015 NNPS attendee*



Dear Colleagues:

Thank you for considering the 2016 National Nurse Practitioner Symposium (NNPS) to enrich your professional education. We understand there are many opportunities available to you and take great pride in offering what we believe to be the most comprehensive, high-quality, economical, and accredited program available to Advanced Practice Clinicians anywhere in the country. The NNPS is a unique opportunity to interact with peers from across the country, while enhancing your professional growth, all within the magnificent setting of the Rocky Mountains of Colorado.

The NNPS offers a vast range of content suitable for Nurse Practitioners, Nurse Midwives and Physician Assistants in acute and primary care roles. We are pleased to be able to offer over 30 contact/CE hours through ACCME, ANCC and AANP, with acceptance of pertinent content by ACNM, AAPA and NAPNAP. NNPS content consists of topics in adult, dermatology, family, geriatric, women's health, pediatrics and acute care, as well as workshops, discussion groups, and sessions to enhance professional development. We are also pleased to offer you the opportunity to participate in satellite symposia, which consist of programs planned and conducted by the corporate community in conjunction with NNPS.

It is with great pleasure that we are able to present Patricia Schroeder, JD, as the 2016 Keynote speaker. We are also fortunate to have Trish Anen MBA, BSN, RN, NEA-BC and Deb McElroy, MPH, RN-C, from the Center for Advancing Provider Practice, as highlighted speakers. The ever-popular Ethics Forum will address the topic of vaccination refusal. The Legislative Panel Update will provide a perspective on the latest practice legislation at the federal and state levels, as well as discussion of issues that impact NP practice.

Poster presentations offer an opportunity to learn about research projects and innovative programs. The exhibit hall will be available during dedicated hours to provide you with the opportunity to network with representatives from the healthcare industry, professional organizations, government agencies, colleges, and schools. Learn about new products, services, clinical findings, research findings, and opportunities for Advanced Practice Clinicians. Plan to attend the Awards Ceremony to recognize and honor your peers and their profession.

We strive to offer you an enjoyable and rewarding continuing education and professional development experience. We hope you will join us in Keystone.

### *The Planning Committee National Nurse Practitioner Symposium*

Linda Alvers, RN, MSN  
Dannemiller

Gordon Ringler  
Dannemiller

Cindy Aspromonte, RN-C, WHCNP,  
AHN-BC, HTCPI  
Denver Health Women's Care Clinic

Conrad Rios, FNP-BC, PA, MS  
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Department of Nursing

Colleen Casper, RN, MS, DNP  
Colorado Nurses Association

Nancy Rudner, DrPH, MPH, RN  
George Washington University  
School of Nursing

Mary Anne Eagelston, BSN, MSN,  
WHCNP, NCMP  
Kaiser Permanente

Jefferson Spicher DNP, FNP-C  
University of Colorado Colorado Springs  
Helen and Arthur E. Johnson  
Beth-El College of Nursing & Health Sciences

Loretta C. Ford, RN, EdD, PNP, FAAN, FAANP  
(Honorary Committee Member)  
Private Consultant

Peggy Vernon, RN, MA, C-PNP, DCNP  
Creekside Skin Care

Ellen Lemberg, RN, MSN, WHNP  
(Emeritus Committee Member)  
Private Consultant

Deborah Vincent, PhD, FAANP  
Nurse Consultant Associates

Kathy Magdic, DNP, ACNP-BC, FAANP  
University of Pittsburgh School of Nursing

Mary Wagner, RN, MSN, ANP  
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Private Consultant

Shirley Becton McKenzie, PPCNP-BC, AE-C  
U.S. Army

Cheryl A. Walker, MSN, MSBA, FNP-C  
VA Office of Inspector General  
Health Care Inspections

Nancy Munro, RN, MN, CCRN, ACNP-BC, FAANP  
National Institutes of Health

Shirley M. Pfister, RN, MS, ANP/GNP  
Denver VA Medical Center

## DAILY SYMPOSIUM SCHEDULE

### Wednesday, July 6 • Pre-Symposium Day

10:00 am – 7:00 pm	Symposium Registration
10:30 am – 12:00 pm	Pre-Symposium CE Session (optional)
1:30 pm – 4:30 pm	Pre-Symposium Session (optional – non-certified)
1:45 pm – 3:00 pm	Pre-Symposium CE Session (optional)
3:15 pm – 4:30 pm	Pre-Symposium CE Session (optional)
4:45 pm – 5:45 pm	Pre-Symposium CE Session (optional)
6:00 pm – 7:30 pm	Pre-Symposium CE Dinner Session (optional)

### Thursday, July 7 • Day 1

7:00 am – 7:00 pm	Symposium Registration
7:30 am – 8:00 am	Morning Beverages (complimentary)
8:00 am – 9:30 am	Educational Sessions
9:30 am – 10:00 am	Beverage Break (complimentary)
10:00 am – 11:30 am	Educational Sessions
11:45 am – 1:00 pm	Luncheon Sessions (optional – non-certified)
12:00 pm – 7:00 pm	Book Displays & Sales
1:15 pm – 2:15 pm	Educational Session
2:15 pm – 2:30 pm	Beverage Break (complimentary)
2:30 pm – 4:00 pm	Educational Sessions
4:00 pm – 4:30 pm	Beverage Break (complimentary)
4:30 pm – 5:30 pm	Educational Sessions
5:30 pm – 7:00 pm	Opening of Exhibits/Reception (complimentary buffet)

### Friday, July 8 • Day 2

7:00 am – 7:00 pm	Symposium Registration
7:00 am – 7:00 pm	Posters on Display
7:15 am – 7:45 am	“Walk & Talk” Around the Lake (optional – non-certified)
7:30 am – 8:00 am	Morning Beverages (complimentary)
8:00 am – 9:30 am	Educational Sessions
9:00 am – 4:00 pm	Book Displays & Sales
9:00 am – 1:00 pm	Exhibits Open
9:30 am – 10:00 am	Beverage Break (complimentary)
10:00 am – 11:30 am	Educational Sessions
11:30 am – 1:00 pm	Box Lunch Served in Exhibit Hall (complimentary)
12:00 pm – 1:30 pm	Ethics Forum (optional)
1:40 pm – 2:00 pm	Awards Ceremony
2:00 pm – 3:00 pm	Keynote Address
3:00 pm – 3:15 pm	Beverage & Snack Break (complimentary)
3:15 pm – 6:15 pm	Educational Seminar (optional)
3:15 pm – 6:15 pm	Workshop (optional)
3:15 pm – 4:45 pm	Educational Session
4:45 pm – 5:15 pm	Authors Present Posters (complimentary beverages)
5:30 pm – 6:15 pm	Educational Sessions
6:30 pm – 8:00 pm	Dinner Session (optional)

### Saturday, July 9 • Day 3

7:00 am – 5:00 pm	Symposium Registration
7:00 am – 5:00 pm	Posters on Display
7:00 am – 7:20 am	“Walk & Talk” Around the Lake (optional – non-certified)
7:30 am – 10:30 am	Workshops (optional)
7:30 am – 8:45 am	Breakfast Sessions (optional – non-certified)
9:00 am – 12:00 pm	Exhibits Open/Book Displays & Sales
9:00 am – 10:30 am	Educational Session
10:30 am – 12:00 pm	Brunch Served in Exhibit Hall (complimentary)
12:00 pm – 1:00 pm	Educational Sessions
1:00 pm – 1:30 pm	Authors Present Posters (complimentary beverages)
1:30 pm – 3:00 pm	Educational Sessions
3:00 pm – 3:30 pm	Authors Present Posters (complimentary beverages)
3:30 pm – 5:00 pm	Educational Sessions
5:00 pm+	Twilight's Highlights (free time to explore the area)

### Sunday, July 10 • Day 4

7:00 am – 12:00 pm	Symposium Registration
7:00 am – 10:00 am	Posters on Display
7:00 am – 7:30 am	Home “Stretch” (optional – non-certified)
7:30 am – 8:00 am	Authors Present Posters (complimentary beverages)
8:00 am – 9:30 am	Educational Sessions
9:30 am – 10:00 am	Beverage Break (complimentary)
10:00 am – 11:30 am	Educational Sessions



## CONTACT / CE HOUR CREDIT INFORMATION

A maximum of 34.0 contact/CE hours can be earned by attending the standard AND optional sessions. Final contact hours to be awarded are determined based on final schedule and sessions attended. These hours will be reflected on your individualized certificate, which is available online after completion of evaluations for all sessions attended. One contact/CE hour is equivalent to 60 minutes of educational instruction.

Educational sessions designated with Rx contain pharmacology content. A maximum of 18.0 contact/CE hours can be earned in sessions with pharmacology content by attending the applicable standard AND optional sessions.

### Standard Session Contact/CE Hours:

- Thursday: 6.5 hours for Educational Sessions A, B, C, D, E
- Friday: 6.25 hours for Educational Sessions F, G, KN (Keynote), J, L and .5 hours for Poster Session for a total of 6.75 hours
- Saturday: 5.5 hours for Educational Sessions N, O, P, Q and .5 hours for each Poster Session for a total of 6.5 hours
- Sunday: 3.0 hours for Educational Sessions R, S and .5 hours for Poster Session for a total of 3.5 hours

### Optional Contact/CE Hours:

- Wednesday: 1.5 hours for Pre-Symposium Session Pre 1, 1.25 hours for Pre-Symposium Session Pre 2, 1.25 hours for Pre-Symposium Session Pre 3, 1.0 hour for Pre-Symposium Session Pre 4 and 1.5 hours for Pre-Symposium Session Pre 5
- Friday: 1.5 hours for EF (Ethics Forum), 2.5 hours for Workshop or Seminar H, and 1.5 hours for Dinner Session M
- Saturday: 2.5 hours for Workshops

### BONUS - Optional Enduring Materials Contact/CE Hours:

- Up to 9.0 contact/CE hours will be offered online post-symposium, complimentary to all registrants. Enduring Materials contact/CE hours are in addition to the 34.0 contact/CE hours offered by attending the standard AND optional sessions in person. Registrants will be notified after the symposium, when online access to Enduring Materials is available. A separate CE Certificate of Completion will be issued for the Enduring Materials portion of contact/CE hours.



## NURSE PRACTITIONER CONTINUING EDUCATION

### CONTINUING EDUCATION CERTIFICATES

Participants must complete an electronic overall symposium evaluation (one time only) and individual session evaluations (for each session attended) in order to receive your certificate. Evaluations will be available online following the conclusion of each session and until August 1, 2016. You may print your certificate on-site using the Symposium-provided print station, or at a later point in time in the convenience of your home or workplace. ANCC, AANP or AMA PRA Category 1 Credits™ certificates will be issued depending upon your profession requirements. Once a certificate has been issued, it can be reprinted for a period of up to 5 years.

### AANP Credit



**CE Statement:** Dannemiller is approved as a provider of nurse practitioner continuing education by the American Association of Nurse Practitioners: AANP Provider Number 090419. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. It provides 34.0 of continuing education (which includes 18.0 hours of pharmacology).

### ANCC Credit

**Nursing Educational Objective:** After completing this activity, the participant should be able to: Provide appropriate care and counsel for patients and their families.

This activity is provided by the Colorado Nurses Association and jointly provided by Dannemiller. Colorado Nurses Association is a member of the Western Multi-State Division of the American Nurses Association.

**Accreditation Statement:** The Western Multi-State Division is accredited as a provider of

continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Credit Designation:** This educational activity for 34.0 contact hours is provided by Dannemiller.

### ACCME Credit

**Accreditation Statement:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Dannemiller and National Nurse Practitioner Symposium. Dannemiller is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation:** Dannemiller designates this live activity for a maximum of 34.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ACNM CE Credit

AMA PRA Category 1 Credits™ are accepted by the Continuing Competency Assessment Program of the American College of Nurse Midwives for programs relevant to nurse midwifery. Nurse Midwives should only claim credit commensurate with the extent of their participation in the activity. Final contact hours to be awarded are determined based on final schedule and sessions attended.

### AAPA CE Credit

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME.

### NAPNAP

This program has been approved by the National Association of Pediatric Nurse Practitioners (NAPNAP) for NAPNAP contact/CE hours. A listing of NAPNAP approved sessions with Pediatric relevant content will be provided at the symposium information desk on-site.

## SYMPOSIUM DESCRIPTION

This four-day Symposium provides a forum for discussing common matters related to the care of all age groups in a variety of healthcare settings. This year's Symposium will address current trends and issues confronting providers across the country.

THE OBJECTIVES OF THE SYMPOSIUM ARE TO:

- Utilize up-to-date knowledge on selected clinical topics in primary and acute care to improve patient outcomes

- Identify current approaches to client care management
- Share ideas and experiences with professionals involved in the delivery of primary and acute care including, healthcare policy, entrepreneurial ventures and research activities
- Implement possible solutions to practice barriers facing primary and acute care providers
- Examine the future of healthcare including provider roles

Wednesday, July 6, 2016 • PRE-SYMPOSIUM DAY

WEDNESDAY BONUS SESSIONS: Free with any Symposium registration

**Pre 1** 10:30 am – 12:00 pm 1.5 Contact/CE Hours  
Dermatology Potpourri: Interesting Cases Studies 50% Rx

Rashes can be confusing. Frequently mismanagement will exacerbate the condition and make diagnosis more difficult. Hear about common and interesting dermatology cases, including differential diagnosis and treatment options.

*Peggy Vernon, RN, MA, DCNP; Owner/Dermatology Nurse Practitioner, Creekside Skin Care; Greenwood Village CO*

**SS1** 1:30 pm – 4:30 pm Non-Certified  
NEXPLANON® (etonogestrel implant) 68mg Radiopaque Clinical Training Program

You are invited to join your colleagues at a Clinical Training Program for NEXPLANON (etonogestrel implant) 68 mg Radiopaque. During the Clinical Training Program for NEXPLANON, you will receive hands-on training for insertion and removal procedures, as well as implant localization techniques. Completion of this course will allow you to order the product from authorized distributor(s). Space is limited to 40 participants; please register early for the session.

This session, which is sponsored by Merck, is not accredited for continuing education credit. The training is open only to MD/DO, NP, PA or CNM's, and Residents authorized to perform the procedures entailed in the insertion and removal of NEXPLANON in the jurisdiction where they practice. And, for NP, PA or CNM's attest that there are specific state requirements and have met all appropriate state conditions including but not limited to collaborative or signing agreement with an MD/DO.

Residents must understand that they can only administer NEXPLANON under the supervision of an attending physician who has also been trained on the procedures to insert and remove NEXPLANON.

It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training. Merck will contact you directly if there is a problem. Attendees are expected to attend the entire training which is approximately 3 hours in duration. Certificates of attendance will not be issued to those who arrive late or leave early.

**Pre 2** 1:45 pm – 3:00 pm 1.25 Contact/CE Hours  
Solving The Anxiety Puzzle: Managing Anxiety Disorders in the Primary Care Setting 50% Rx

Anxiety disorders are the most common psychiatric disorder treated in the primary care setting, yet can be complex and difficult to manage. Explore the identification, diagnosis, and treatment of the most common anxiety disorders. The latest evidence-based research and medication management guidelines will be reviewed. Through the evaluation of case studies, learn how to develop and implement an appropriate treatment plan for the patient with anxiety disorders.

*Shonda Phelon, DNP, FNP-BC, PMHNP-BC; Family and Adult Psychiatric Nurse Practitioner, Region VI Mental Health/Grenada Crisis Center; Grenada MS and Assistant Professor of Graduate Nursing, College of Nursing & Speech-Language Pathology, Mississippi University for Women; Columbus MS*

**Pre 3** 3:15 pm – 4:30 pm 1.25 Contact/CE Hours  
The New Skinny on Fat: What's the Latest in Obesity Management 25% Rx

America is becoming an increasing "waist land" as the chronic disease of obesity and over 100 associated co-morbidities continues to rise. New weight loss strategies, such as diet, medications and surgical options have helped, but the problem of weight regain persists. Explore the pathogenesis of obesity, the gut-fat-brain axis in appetite regulation, and hormonal cause of weight regain, along with reality-based pharmacologic and dietary strategies to help patients lose weight and keep it off.

*Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP; Nurse Practitioner, Metabolic Medicine Associates; King George VA*

**Pre 4** 4:45 pm – 5:45 pm 1.0 Contact/CE Hours  
Evaluation and Management of Venous Thromboembolism 50% Rx

Venous thromboembolism includes deep vein thrombosis and pulmonary embolism. The mortality for DVT and PE is 6% and 12% respectively and the economic burden of venous thromboembolism is greater than 1.5 billion dollars yearly. Review the etiology, prevalence, pathogenesis, and risk factors for venous thromboembolism. Typical presentations will be summarized. Clinical decision rules and pharmacological strategies will be presented for the treatment of DVT and PE. Case studies will focus on how to apply evidenced-base guidelines for the management of this important entity.

*Joanne Thanavaro, DNP, AGACNP-BC, ANP-BC, GNP-BC, DCC, FAANP; Associate Dean of Graduate Education and Associate Professor, School of Nursing, Saint Louis University; St. Louis MO and Adult/Gerontology Nurse Practitioner, Washington University Clinical Associates; St. Louis MO and Acute Care NP, Midwest Acute Care Consultants; St. Louis MO*

### DINNER EDUCATIONAL SESSION Pre 5

*Optional, Limited Enrollment, Pre-registration required, No additional fee.*

6:00 pm – 7:30 pm

1.5 Contact/CE Hours

**Pre 5** 6:00 pm – 7:30 pm 1.5 Contact/CE Hours  
Putting the 2015 Dietary Guidelines for Americans into Practice with Patients 0% Rx

Earlier this year, The U.S. Department of Health and Human Services (HHS) and the U.S. Department of Agriculture (USDA) jointly published the Dietary Guidelines for Americans, a report that is published every 5 years. This session will review the highlights of the guidelines, including important changes from previous versions as well as discuss strategies and tools for putting the guidelines into practice with patients.

*Robyn Kievit Kirkman, FNP-BC, RDN, LDN, CSSD, CEDRD; Dietician and Certified Specialist in Sports Dietetics; Boston MA*

*This program is sponsored by the Egg Nutrition Center*

**EDUCATIONAL SESSIONS A1 – A6**

**8:00 am – 9:30 am**  
**1.5 Contact/CE Hours**

**A1 Non-opioid Pharmacology for Pain Management 100% Rx**

Focus on the safe and effective use of non-opioid analgesics and nutraceuticals, as alternatives to opioids for acute and chronic pain management. The role that sodium and calcium channel blockers, anti-inflammatories, and serotonin/norepinephrine reuptake inhibitors can play in the management of chronic and acute pain will be discussed. Understand the pharmacology of these non-opioid analgesics in reducing the need of higher dose opioids for acute pain. The science and safety supporting the use of over-the-counter supplements and nutraceuticals will also be presented.

*Theresa Mallick-Searle, RN, MS, ANP-BC; Nurse Practitioner, Pain Management, Stanford Health Care; Stanford CA and Independent Contractor, Medical Expert Witness on Pain Management and Treatment; Stanford CA*

**A2 Diabetes Education: Quick Tips for Primary Care 25% Rx**

Learn how to identify barriers that prevent patients from caring for their diabetes and methods to overcome them. Tools and resources will be provided, along with handouts to support diabetes education for your patients. Participants will have the opportunity to participate in role-playing difficult scenarios in clinic to improve their skills.

*Erin Meyerhoff, MS, FNP-C, CDE; Family Nurse Practitioner and Instructor, Division of Endocrinology, School of Medicine, and Clinical Instructor, Skaggs School of Pharmacy, University of Colorado Anschutz Medical Campus; Aurora CO*

**A3 Frailty in the Older Adult 0% Rx**

Frailty in the older adult is a distinct condition from the normal aging process, and has been associated with poor outcomes from disease, increased fall rates, increased hospitalizations, institutionalization, development of disability, and increased death rates. Frailty is found more in females, ethnic minorities, and in persons with lower socioeconomic status, with a cost that has been estimated at approximately \$1 billion per year. Hospitalization increases the severity of frailty with each inpatient day. Gain an awareness of the syndrome of frailty, as well as the possible treatment modalities and interventions that may ameliorate this condition.

*Brenda Hutchins, GNP-BC, ANP-BC, DNP; Adult/Gerontological Nurse Practitioner, Cornerstone Medical Group; Franklin TN and Assistant Professor, Gordon E. Inman College of Health Sciences & Nursing; Belmont University; Nashville, TN*

**A4 The Child with Allergic Rhinitis: When It's an Allergy and When It's Not 25% Rx**

The current prevalence of allergic rhinitis in children in the USA is reported to be approximately 42%. Of these about 40% are perennial, 20% are strictly seasonal and 40% are mixed (perennial with seasonal exacerbation). Virtually every child has bouts of increased nasal congestion and rhinorrhea that may lead parents to question whether their child has allergic rhinitis. Hear about the different types of allergic rhinitis of childhood and the features that distinguish allergic rhinitis from other causes of childhood rhinitis. A practical approach to treatment will be discussed, including allergen avoidance, pharmacotherapy, and when to consider referral to an allergist for the consideration of allergen immunotherapy.

*Dan Atkins, MD; Chief, Allergy Section and Co-Director, Gastrointestinal Eosinophilic Diseases Program, Children's Hospital Colorado; Aurora CO and Associate Professor, Pediatrics, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**A5 Chronic Thromboembolic Pulmonary Hypertension: Diagnosis and Treatment Approaches 25% Rx**

Chronic thromboembolic pulmonary hypertension (CTEPH) results from inadequate flow restoration of the pulmonary circulation after pulmonary thromboembolism. . If untreated, patients with CTEPH have a mean life expectancy of less than three years. Fortunately, a number of effective treatments are now available including a surgical cure for proper candidates, as well as FDA approved medical pharmacotherapy for those with inoperable or post-surgical residual CTEPH. Gain a better understanding of both pulmonary hypertension in general, and more specifically, CTEPH. Guideline directed approaches to these diagnoses will be discussed, including management, as well as when/how to make a prompt and appropriate referral to expert treatment centers.

*Jennifer Keeley, ANP-BC, DNP; CV Nurse Practitioner, Cardiovascular Institute, Allegheny Health Network; Wexford PA and Adjunct Faculty, School of Nursing, University of Pittsburgh; Pittsburgh PA*

**A6 Putting Population Health into Your Practice: Strategies to Improve Outcomes 0% Rx**

Health systems, payers, and legislation are transforming healthcare with the "Triple Aim" of improved patient experience, better outcomes, and lower cost. Population health is now a core course in most DNP programs. However, many practicing clinicians are not versed in population health. As we transition to a pay-for-value system, clinicians will benefit from addressing population-based problems in order to improve outcomes and revenues. Hear how to examine aggregate data, create meaningful use from electronic health records, and conduct root cause analysis. Creative analysis of data to identify key problems and their root causes will also be addressed, as well as sources for strategies to address patient, provider, system, and community factors.

*Nancy Rudner, DrPH, MPH, RN; Health Coach, Health Action; Maitland FL and Regular Part-time Faculty, School of Nursing, George Washington University; Washington DC*





**EDUCATIONAL SESSIONS B1 – B6****10:00 am – 11:30 am****1.5 Contact/CE Hours****B1 A Practical Approach to Unusual Pain Syndromes and Clinical Conditions 25% Rx**

There are numerous conditions that occur in general practice, urgent care and the emergency room which may not be properly recognized or treated in a timely fashion. Improve your clinical acumen through analysis of some unusual conditions and clinical syndromes. A review of differential diagnoses and insights for when imaging should be ordered will be provided, along with a practical approach for treatment, including invasive and non-invasive options. Stimulate your ability for the occasional thinking “outside the box” when a clinical presentation does not fit with a typical diagnosis.

*David L. Priebe, MD; Physician, Lexington Family Medicine Associates; Lexington NE and Physician, EMCARE – Emergency Physicians; Lexington Regional Hospital; Lexington NE*

**B2 Using New Technology in Managing Diabetes 25% Rx**

Bring the future of medicine to the ancient disease of diabetes. Learn how to effectively incorporate new diabetes technology into outpatient clinical practice, in order to obtain informative glucose trends to promote patient safety, achievement of glucose targets, and better patient compliance. In addition, use of needless insulin delivery systems and insulin pumps will be discussed. The future is now—time to get informed.

*Christine Kessler, MN, CNS, ANP, BC-ADM, CDT, FAANP; Nurse Practitioner, Metabolic Medicine Associates; King George VA*

**B3 Dangerous Liaisons: Drug-Drug, Drug-Nutrient Interactions 100% Rx**

Drug-drug and drug-nutrient interactions, are a major cause of morbidity and mortality. Review the mechanisms of common drug-drug and drug-nutrient interactions, including the impact of the cytochrome 450 isoenzymes, pharmacokinetics, and pharmacogenomics on drug interactions. Learn how to avoid these interactions in a variety of commonly encountered clinical scenarios in this case-based course.

*Margaret Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP; President, Fitzgerald Health Education Associates, Inc; North Andover MA and Family Nurse Practitioner, Greater Lawrence Family Health Center; Lawrence MA*

**B4 Pediatric Food Allergy in the Trenches 0% Rx**

The incidence of food allergy has increased significantly over the past two decades to the point that now 1 in 13 children in the USA is food allergic. Although sources of information about food allergies have increased over the years, parents still have basic questions about how to distinguish food allergy from food intolerance. Many parents are also confused about the different types of childhood food allergies, as they have different presentations and prognoses. Review the differences between food allergy and food intolerance. The presentation and evaluation of different types of food allergies including IgE-mediated and non-IgE-mediated food allergies will be discussed. Gain a practical approach to the accurate identification, evaluation and management of food allergic children.

*Dan Atkins, MD; Chief, Allergy Section and Co-Director, Gastrointestinal Eosinophilic Diseases Program, Children's Hospital Colorado; Aurora CO and Associate Professor, Pediatrics, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**B5 Oncologic Emergencies-Management Strategies for Healthcare Professionals 25% Rx**

Oncologic emergencies are any acute, potentially life-threatening event in the oncology patient that may be directly or indirectly related to cancer or cancer treatment. These can affect patients with all types of cancer, and are highly variable in regard to their presentation and outcomes. Gain a better understanding of the prompt acute management and preventative strategies for oncologic emergencies, which are critical to reduce morbidity and mortality, and ensure the best patient outcomes

*Glen Peterson, MS, ACNP-BC, OCN; Clinical Director, APP Education and Quality, University of Colorado Hospital, and Acute Care Nurse Practitioner, Hematological Malignancies and Bone Marrow Transplant Program, University of Colorado Hospital Anschutz Medical Campus; Aurora CO*

**B6 Beyond Smartphone Apps: Leveraging the Technology Disruption to Support Practice and Aging In Place 0% Rx**

By 2017, more than half of the adults in the US will be 50 years or older. Most older adults want to live out their retirement years and last days in their own homes. There are tools that patients, families and providers can use to improve care and to refocus our efforts from sick-care to health-care. Understand the innovations and changes in technology that providers may use in their day-to-day practices to assist the connected older adult and their families in promoting and managing health at home or where they live. Wireless biosensors, smartphone apps and devices will be discussed, as well as, portable imaging technologies that will impact and improve practice, while promoting older adults to age in place.

*George Byron Peraza-Smith, DNP, GNP-BC, CNE; Associate Dean of Academic Affairs and Associate Professor, College of Nursing, United States University; San Diego CA and Director, Post Masters to DNP Program, and Associate Professor, School of Nursing and Health Professions, Brandman University; Irvine CA*

*Teresa Kiresuk, DNP, A/GNP; Director, RN-BSN Program and Associate Professor, College of Nursing, United States University; Chula Vista CA*

**SATELLITE SYMPOSIA LUNCHEON SESSIONS**

*Optional, Limited Enrollment, Pre-registration required, No additional fee.*

**11:45 am – 1:00 pm Non-Certified****Check website for updates on additional programs****SS2 Thrombosis: AFib & DVT/PE — An Exploration in Risk Reduction**

This lecture will discuss treatment options for patients with deep vein thrombosis and pulmonary embolism and how they can reduce the risk of recurrent thrombotic events. It will also present options for reducing the risk of stroke in patients with nonvalvular atrial fibrillation.

*Carla Huber, ARNP; UnityPoint Clinic; Cedar Rapids IA and Heart & Vascular Institute; Cedar Rapids IA*

*This is a promotional medical education presentation; it will not be certified for continuing medical education credit. This program is sponsored by Janssen Pharmaceuticals, Inc.*

**SS3 Diabetes**

Challenge yourself! This exciting educational program uses an innovative and interactive format for participants to increase their clinical knowledge.

*Gary Graf, MSN, ARNP, RN, NP; Cotton O'Neil Diabetes and Endocrinology Center; Topeka KS*

*This is a promotional medical education presentation: it is not certified for continuing medical education credit. This program is sponsored by Novo Nordisk.*



**EDUCATIONAL SESSION C1**

**1:15 pm – 2:15 pm**  
**1.0 Contact/CE Hours**

**C1 Finding Your NP Voice 0% Rx**

Is a powerful NP voice key to advancing your career and our profession? What are the components of a powerful NP voice? How do you make sure your professional message is heard? Find out the answers to these questions and more.

*Margaret Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP; President, Fitzgerald Health Education Associates, Inc; North Andover MA and Family Nurse Practitioner, Greater Lawrence Family Health Center; Lawrence MA*

**EDUCATIONAL SESSIONS D1 – D6**

**2:30 pm – 4:00 pm**  
**1.5 Contact/CE Hours**

**D1 Geriatric Psychopharmacology: Managing Psychiatric and Behavioral Symptoms in Geriatric Patients 100% Rx**

Nurse practitioners in primary care may encounter geriatric psychiatric conditions in both the outpatient and nursing home setting. Review the most common psychiatric conditions diagnosed and treated in older adults and learn how to choose the most appropriate pharmacological treatment. The challenges are great, due to comorbid medical conditions, as well as pharmacokinetic changes. The use of psychotropic drugs including antidepressants, antipsychotics, and benzodiazepines is very common in geriatric patients, especially those who are institutionalized. Polypharmacy and inappropriate prescribing of medications are common problems. Hear how to identify appropriate versus inappropriate psychotropic medications, as well as avoid polypharmacy.

*Shonda Phelon, DNP, FNP-BC, PMHNP-BC; Family and Adult Psychiatric Nurse Practitioner, Region VI Mental Health/Grenada Crisis Center; Grenada MS and Assistant Professor of Graduate Nursing, College of Nursing & Speech-Language Pathology, Mississippi University for Women; Columbus MS*

*Johnnie Sue Wijewardane, PhD, APRN, FNP-BC; Department Chair, Graduate Nursing and Associate Professor, College of Nursing & Speech-Language Pathology, Mississippi University for Women; Columbus MS, and Nurse Practitioner, Campus Health Center, Mississippi University for Women; Columbus MS*

**D2 Rash Decisions: An Algorithmic Approach for Evaluating and Diagnosing Rashes 0% Rx**

Everyone has a “rash”! Patients expect us to know exactly what caused their rash and how to fix it. After all, it is just skin.....right? Given the limited dermatology education that most NPs receive, accurately diagnosing skin conditions can be very challenging. Focus on learning the morphology of primary lesions, through a systematic approach for assessing a rash, and then developing differential diagnoses, which can range from eczema to a life-threatening dermatosis.

*Margaret A. Bobovich, DNP, FNP-C, DCNP, FAANP; Director, Dermatology NP Residency and Certified Dermatology Nurse Practitioner, University Hospitals Case Medical Centers, and Assistant Professor, School of Medicine and Frances Payne Bolton School of Nursing, Case Western Reserve University; Cleveland OH*

**D3 Caring for Homeless Clients: A Unique Challenge 0% Rx**

Caring for homeless clients presents unique challenges. Fundamental issues such as limited access to nutrition and water, physical and cognitive impairments, and lack of social support contribute to poor health among this population. Hear the research evidence, fundamental issues, and practice adaptations healthcare providers can use when caring for these vulnerable individuals. A short video entitled “Through the Eyes of the Homeless Veteran” will provide additional insight into homelessness and highlight the success of a group of healthcare providers who care for homeless Veterans in Southern California.

*Beth Palmer, DNP, AGPCNP-BC; Nurse Practitioner, Homeless Patient Aligned Care Team, Veterans Affairs, San Diego Healthcare System (VASDHS); San Diego CA*

**D4 Gynecologic Cancers: Prevention & Early Detection 25% Rx**

Much is known about the pathophysiology and consequent risk factors for ovarian, endometrial, cervical, and vulvar cancer. Based on this knowledge, primary care clinicians are well positioned to reduce the significant morbidity and mortality associated with these diseases. Focus on strategies for risk reduction, recognition and management of high-risk women, as well as current guidelines for early detection of gynecologic cancers.

*Jan Shepherd, MD, FACOG; Medical Director, Women’s Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Associate Medical Director, Boulder Valley Women’s Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**D5 Pulmonary Arterial Hypertension: Review of Pharmacotherapies 75% Rx**

Pulmonary arterial hypertension (PAH) is historically an incurable disease with a poor prognosis. However, recent advances in treating PAH have increased the armamentarium of treatments available to providers for managing this disease and its associated symptoms. Three distinct classes of drugs were developed based on the pathophysiology of the disease. Adherence to and understanding the pathophysiology behind evidence-based drug treatment algorithms is imperative when providing care to PAH patients. Hear how to decide on a plan of care and which medication to use, including consideration that must be given to medication effectiveness, side effects, lifestyle impact, as well as quality of life.

*Jennifer Keeley, ANP-BC, DNP; CV Nurse Practitioner, Cardiovascular Institute, Allegheny Health Network; Wexford PA and Adjunct Faculty, School of Nursing, University of Pittsburgh; Pittsburgh PA*

**D6 Nurse Managed Primary Care Clinics: Opportunities and Challenges 0% Rx**

With the implementation of the Affordable Care Act in 2010, there are opportunities for funding for nurse managed clinics to help treat the millions of patients who are in need of health care services. How can Advanced Practice Nurses create models of health care delivery to meet growing health care demands? Understand the current state of our health care (disease care) system, and explore the barriers and opportunities to creating nurse managed primary care clinics, which rely on insurance company payments to generate revenue.

*Jefferson Spicher, DNP, FNP-C; Associate Professor, Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences, University of Colorado Colorado Springs; Colorado Springs CO*

**E4 Controversies in Cancer Screening for Women 0% Rx**

The constantly evolving and seemingly conflicting guidelines for women's cancer screening, from mammography to Pap testing, can be challenging to sort out and apply in clinical practice. Hear the evidence behind these controversies, so you can guide your patients in making the best screening choices for their individual situations.

*Jan Shepherd, MD, FACOG; Medical Director, Women's Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Associate Medical Director, Boulder Valley Women's Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**E5 A Broken Pump: Management, Treatments and Policy Updates 25% Rx**

Heart failure currently affects more than 6 million Americans and approximately 670,000 people are diagnosed with heart failure each year. Understand the newest policy implications for readmissions, as well as proven strategies to reduce heart failure readmissions. Identification algorithms and risk models that have been used to target interventions to the highest risk patients will be discussed. Special attention will be paid to conceptualizing how cardiology, internal medicine providers, and health systems can work collaboratively to share ideas that ultimately improve the overall care of patients with heart failure.

*Amanda M. Nenaber DNP, APRN, CCNS, ACNS-BC; Heart Failure Program Manager, Cardiac & Vascular Center; University of Colorado Hospital; Aurora CO*

*Colleen K. McIlvennan, DNP, ANP; Lead Nurse Practitioner, Section of Advanced Heart Failure and Transplant, University of Colorado Hospital and Assistant Professor, Division of Cardiology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**E6 Interprofessional Collaboration: Principles of Successful Partnerships 0% Rx**

We all recognize the inadequacies in collaboration and communication between healthcare professionals. We also understand because of these inadequacies there is a negative impact on the provision of healthcare and on patient outcomes. Learn interventions that are most effective in furthering interprofessional collaboration to improve outcomes. Results-oriented partnerships, which include the attributes of collaboration, coordination, and communication will be discussed. Essential concepts and practical tools for success will be reviewed to offer new and existing partnerships a lens, through which to view interdisciplinary interactions that can contribute to organizational success and longevity. Potential pitfalls that may impact patient services and organizational health will also be discussed.

*Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN; Stroke/Neuro Nurse Practitioner, HonorHealth Scottsdale Osborn; Scottsdale AZ and Faculty, DNP Program, College of Nursing and Health Innovation, Arizona State University; Phoenix AZ*

**EDUCATIONAL SESSIONS E1 – E6  
4:30 pm – 5:30 pm  
1.0 Contact/CE Hours**

**E1 Diagnostic Testing: What to Order When 0% Rx**

Diagnostic tests help clinicians appraise and revise disease probability for their patients. All tests should be ordered to answer specific questions. In this era of cost effective health care, clinicians need to be aware of the sensitivity and specificity of each test, as well as associated appropriate use criteria. Information will be provided on, but not limited to, radiographic imaging, nuclear imaging, cardiovascular testing, and ultrasound imaging.

*Kristine Scordo, PhD, RN, ACNP-BC, FAANP; Director and Professor, Acute Care Nurse Practitioner Program, College of Nursing, Wright State University; Dayton OH and Acute Care Nurse Practitioner, Schuster Cardiology; Dayton OH*

**E2 Commonly Prescribed Topicals: Perils and Pearls of Using Corticosteroids and Antimicrobials for Skin Conditions 100% Rx**

All NPs prescribe topical therapies for their patients. Selecting the most appropriate agent, along with the correct vehicle, concentration, frequency, and duration are vital to optimizing patient outcomes and minimizing risks and side effects. Review the pharmacodynamics of topical corticosteroids, antibacterials, antivirals, and antifungals. An evidence-based approach to prescribing topical therapies, along with practice pearls, will be presented.

*Margaret A. Bobonich, DNP, FNP-C, DCNP, FAANP; Director, Dermatology NP Residency and Certified Dermatology Nurse Practitioner, University Hospitals Case Medical Centers, and Assistant Professor, School of Medicine and Frances Payne Bolton School of Nursing, Case Western Reserve University; Cleveland OH*

**E3 E-Cigarettes: Is What They Tell You Accurate? 0% Rx**

In the last few years, there has been an introduction and then a rapid uptake of the Electronic Delivery of Nicotine Systems (ENDS). Once in the domain of smaller manufacturing companies, this product is now being produced and marketed by the same large tobacco companies that manufacture cigarettes. Learn about the types of products being offered, target audiences for them, their safety and their role - if any, in tobacco cessation.

*David Tinkelman, MD; Medical Director, Health Initiatives, National Jewish Health; Denver CO*

**WELCOME RECEPTION (EXHIBIT HALL)**

**5:30 pm – 7:00 pm**

Buffet and cash bar for all Symposium registrants. Guest tickets for adults (21 and over) available for purchase (\$20) with registration or on-site.





Friday, July 8, 2016 • Day 2

SESSIONS F, G, Keynote (KN), J, L

CONTACT/CE HOURS AVAILABLE 6.75 for Sessions and Posters

OPTIONAL CONTACT/CE HOURS:

Ethics Forum (EF) 1.5, Workshop (WSI) or Seminar (HI) 2.5 and Dinner Session (MI) 1.5

**WT1 7:15 am – 7:45 am Non-Certified  
“Walk & Talk” Around the Lake**

Join fellow participants for a morning walk around Keystone Lake (approximately ½ mile). Your group leader will structure conversation to allow you to interact with peers that you may not normally have the opportunity to interact with, to discuss issues and trends in your profession. Comfortable walking shoes and a light jacket are recommended.



**EDUCATIONAL SESSIONS F1 – F6**

**8:00 am – 9:30 am**

**1.5 Contact/CE Hours**

**F1 Vitamin D Deficiency: How to Assess and Intervene in this Common Condition 100% Rx**

Vitamin D deficiency is the most common micronutrient deficiency seen in North America. The consequences include bone disease, chronic pain, as well as numerous additional emerging health issues. Increase your awareness of the issue and methods to identify and treat this vexing condition.

*Margaret Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP; President, Fitzgerald Health Education Associates, Inc; North Andover MA and Family Nurse Practitioner, Greater Lawrence Family Health Center; Lawrence MA*

**F2 Hematology Update: What Are the New Anticoagulants and How Do We Use Them 100% Rx**

New anticoagulant drugs are being heavily marketed to patients and providers. Their role in the management of clotting disorders is not completely established, nor are their long-term risks and benefits fully understood. Hear the mechanism of action of the new anticoagulant drugs and their place in the current management of patients with clotting problems. Case-based discussion will highlight the decision making process to choose the correct drug, along with the recognition of risks, side effects, and management of complications of these new drugs. Understanding the appropriate use and recognizing the pitfalls will help prevent complications, help control cost, and improve outcomes for patients requiring anticoagulant drugs.

*Catherine Klein, MD; Chief, Section of Hematology and Medical Oncology, VA Eastern Colorado Health Care System; Denver CO and Director and Professor, Hematology/Oncology Fellowship Training Program, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**F3 Diagnosis and Management of Spontaneous Abortion and Ectopic Pregnancy 25% Rx**

Understand the new criteria for diagnosis of spontaneous abortion and review ectopic pregnancy diagnosis. Medical and surgical treatment options will be covered to assist clinicians with complete options for counseling their patients.

*Kristina M. Tocce, MD, MPH; Vice Chair for Education, Medical Student Program Director, Department of OB/GYN, Assistant Director, Fellowship in Family Planning, and Associate Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**F4 The Approach to Management of the Obese Adolescent 25% Rx**

Explore the economic and environmental influences on adolescent obesity. The approach to the work-up of the obese adolescents, using appropriate assessment tools and determining the presence of major complications, will be emphasized. Using actual case studies, we will develop a multidisciplinary, family-centered approach to the management of the obese adolescent using evidence-based behavioral strategies. Candidates for surgical management of severe obesity will be identified.

*Nancy G. Baugh, PhD, MS, APN, RN; Director of Nursing Education and Associate Professor, Department of Nursing Education, College of Graduate & Professional Studies, Franklin Pierce University; Rindge, NH, Nurse Practitioner, Logistics Health, Inc and Nurse Practitioner University Health and Counseling Services, University of Southern Maine; Portland ME*

**F5 Acute Coronary Syndromes: Get with the Guidelines 50% Rx**

Acute coronary syndromes (ACS) refer to any group of clinical symptoms compatible with acute myocardial ischemia and includes unstable angina, non-ST segment elevation myocardial infarction, and ST-segment elevation myocardial infarction. Acute coronary syndromes are responsible for emergency medical care usage and hospitalizations worldwide. To assist in maximizing patient outcomes, the American College of Cardiology/American Heart Association continues to release guideline recommendations on the management of ACS. Learn these updated guidelines to accurately diagnosis, risk stratify, and treat patients with ACS.

*Kristine Scordo, PhD, RN, ACNP-BC, FAANP; Director and Professor, Acute Care Nurse Practitioner Program, College of Nursing, Wright State University; Dayton OH and Acute Care Nurse Practitioner, Schuster Cardiology; Dayton OH*

**F6 Using High Quality Evidence in Clinical Decision Making 0% Rx**

Evidence-based practice (EBP) is crucial in improving patient outcomes and reducing costs in healthcare. Yet it is frequently not used in busy practices due to barriers including lack of awareness, time constraints, lack of access to information, and familiarity/comfort with current practice. Gain strategies to search for evidence, critically appraise it for quality, and discern which evidence based innovations have potential for improving patient outcomes and are appropriate for implementation in the your practice setting.

*Deborah Vincent, PhD, RN, FAANP; Deborah Vincent Consulting; Tucson AZ  
Marie Hastings-Tolsma, PhD, CNM, FACNM; Professor & Midwifery Scientist, Louise Herrington School of Nursing, Baylor University; Dallas TX*



**EDUCATIONAL SESSIONS G1 – G6****10:00 am – 11:30 am****1.5 Contact/CE Hours****G1 Developing Healthier Habits in Families 0% Rx**

There are many factors related to the rising incidence of obesity in the United States. These factors may be different in different individuals, and may include time spent in activity, sleep patterns and stress. One way of addressing these issues is to focus on the entire family as a unit to get members of the family to support each other in developing healthier behaviors. Hear an approach to get entire families to work together in developing healthier habits.

*David Tinkelman, MD; Medical Director, Health Initiatives, National Jewish Health; Denver CO*

**G2 The Scourge of Being a Boomer – Alzheimer's Disease 25% RX**

The number of individuals with dementias particularly Alzheimer's disease is skyrocketing. Although no definitive cure is yet available, we are zeroing in on causation. NPs are in a position to both diagnose and treat this condition with the modalities that we do have. Review the red flag signals that might alert you to this condition, and recognize the evidence of MCI (mild cognitive impairment,) normal memory difficulties of aging, and various dementias. Beyond medication treatments, one of the most important roles for the clinician is making the diagnosis and distinguishing it from other mental health conditions. Effective yet compassionate communication to the family and/or patient involves knowing the facts, the community resources, and using delicacy and tact, to be both informative and an active partner with the patient and family to successfully manage this devastating illness.

*Christopher M. Doran, MD; Associate Clinical Professor, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**G3 Preconception Care: Preparing for Healthy Pregnancies 25% Rx**

Despite its economic advantages, the U.S. has one of the highest rates of perinatal mortality in the developed world. Much attention has been devoted to improving prenatal care, but it is becoming increasingly apparent that it is just as important for women to optimize their health before pregnancy with Preconception Care. Examine the evidence-based measures clinicians can take to help prepare their patients for healthy pregnancies.

*Jan Shepherd, MD, FACOG; Medical Director, Women's Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Associate Medical Director, Boulder Valley Women's Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**G4 Pediatric Atopic Dermatitis 50% Rx**

Atopic dermatitis is often mismanaged. Understand the pathophysiology of atopic dermatitis, including the mechanism of action of prescription medications. Management of exacerbations and remissions will be discussed, as well as use of over-the-counter products.

*Peggy Vernon, RN, MA, DCNP; Owner/Dermatology Nurse Practitioner, Creekside Skin Care; Greenwood Village CO*

**G5 Coagulopathy: What Do I Do When My Patient Has a Clot 50% Rx**

Many patient have, or are at risk for, clotting. Appropriate treatment is increasingly complicated as new drugs arrive on the market, and as new data emerges regarding the cause of clotting. Laboratory testing to identify clotting risk is somewhat controversial, tests are expensive and often misinterpreted. Appropriate use of testing, correct management of the clotting episode and the recognition of the need for prevention will improve patient outcomes and prove cost-saving. Hear a case-based discussion on the recognition of hypercoagulable states, along with the management of the clotting patient – both in the acute setting and chronic setting, with focus on duration of acute therapy and how to select appropriate prophylactic interventions.

*Catherine Klein, MD; Chief, Section of Hematology and Medical Oncology, VA Eastern Colorado Health Care System; Denver CO and Director and Professor, Hematology/Oncology Fellowship Training Program, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**G6 Five Things All NPs Need to Know 0% Rx**

Laws regarding nurse practitioner practice are expanding, and change from time to time. Both the government and employers expect NPs to understand and follow the laws. Five things all NPs need to know include: 1) the Drug Enforcement Administration's and the Board of Nursing's requirements for prescribing, 2) HIPAA regulations protecting patient privacy, 3) the elements of malpractice, 4) what can be billed, to whom, by whom, under what circumstances, at what level, and 5) the NP's scope of practice under state law. Hear an attorney discuss frequently asked questions from NPs who have gotten themselves into legal trouble, or who are worried, and want to stay out of trouble

*Carolyn Buppert, JD, ANP-BC (Retired); Attorney, Law Office of Carolyn Buppert, PC; Boulder CO*

**BOX LUNCHES (EXHIBIT HALL)****11:30 am – 1:00 pm****ETHICS FORUM (EF)**

*Optional, Limited Enrollment, Pre-registration required, No additional fee.*

**12:00 pm – 1:30 pm****1.5 Contact/CE Hours****EF Ethics Forum 0% Rx**

Explore ethical issues surrounding immunizations and possible ethical responses for practitioners when patients or families refuse recommended immunizations. Panel members and the audience will be able to engage in a lively discussion to explore the legal, ethical, moral, and health ramifications involved.

*Kelly Arora, PhD; John Wesley Iliff Senior Adjunct Lecturer, Spiritual Care, Iliff School of Theology; Denver CO*

*William L. Atkinson, MD, MPH; Associate Director for Immunization Education, Immunization Action Coalition; St. Paul MN*

*Jennifer A. Reich, PhD; Associate Professor, Sociology, College of Liberal Arts & Sciences, University of Colorado; Denver CO*

*Nancy Rudner, DrPH, MPH, RN; Health Coach, Health Action; Maitland FL and Regular Part-time Faculty, School of Nursing, George Washington University; Washington DC*



**AWARDS PRESENTATION**

**1:40 pm – 2:00 pm**



**KEYNOTE ADDRESS (KN)**

**2:00 pm – 3:00 PM**

**1.0 Contact/CE Hours**

**KN Leadership and the Art of Creating Positive Change 0% Rx**

We all know health care is in great transition and if nurse practitioners do not have the skills and strategies to present their perspectives, then health care will transition, without their insight. Nurses have traditionally been viewed as passive caregivers and not as leaders, yet they are on the front lines of health care delivery and therefore have a very clear perspective of what should be done. Gain advice and inspiration about tapping one's inner leader, so you can help grab the reins and steer our healthcare system and country in the right direction. Everyone needs to challenge the status quo, move solutions forward, and also laugh together while learning.

Lead or Lose! If you want positive change, you must help craft it!

Pat Schroeder was born in Portland, Oregon, graduated from the University of Minnesota and earned a JD from Harvard Law School. She married her husband Jim in law school and they settled in Denver, Colorado upon graduation. After practicing and teaching, Pat ran for Congress in 1972. There were only 14 women in Congress and none in the Senate. A thirty-two year old woman with children, ages two and six, was quite a shock to Washington! Ms. Schroeder served on the Armed Services Committee, Judiciary Committee, Post Office and Civil Service Committee, and Children, Youth and Families. She was re-elected 12 times and served 24 years. Women's health was a huge concern. After ordering a GAO audit of the NIH, the Congresswoman's Caucus which she helped found, was shocked that the NIH used women in none of their clinical studies and didn't even use female animals....and so the fun began! Ms. Schroeder is the author of two books, "Champion of the Great American Family" and "24 Years of Housework and the Place is Still a Mess." In 1997 she taught at Princeton and later became President and CEO of the Association of American Publishers. She retired from the Publishers in 2009, now lives in Florida, where she is pursuing multiple civic interests and is the Vice Chair of the Marguerite Casey Foundation



**SEMINAR H1**

*Optional, Limited Enrollment, Pre-registration required, No additional fee.*

**3:15 pm – 6:15 pm (break 4:45 pm – 5:15 pm)**

**2.5 Contact/CE Hours**

**H1 Walking the Talk of Primary Palliative: Caring Conversations 101 0% Rx**

The Institute of Medicine (IOM) recommends that all providers have a basic or primary knowledge in palliative care discussions. Gain basic skills in having advance care planning discussions with your patients. Using cases suggested from participants' own clinical practice and applying practical communication techniques in role play will improve your confidence to have "caring conversations". A combination of lecture and small-group breakouts with facilitators will be utilized.

*Jane Owen, RN, MSN, FNP-BC, ACHPN; Palliative Care APRN, Transitions Life Care; Raleigh NC*

**WORKSHOP SESSION WS1**

*Optional, Limited Enrollment, Pre-registration required, and a fee of \$95.*

*Enrollment is limited in order to maintain quality of instruction.*

**3:15 pm – 6:15 pm (break 4:45 pm – 5:15 pm)**

**2.5 Contact/CE Hours**

**WS1 Suturing Skills: Beginning to Advanced 0% Rx**

Overview of the management of traumatic lacerations, followed by a hands-on workshop. Practice basic or advanced suture techniques on pig's skin, with guidance from a preceptor. Beginners with no experience will learn single-layer closure. Intermediate and advanced students will learn landmarks for peripheral nerve block, multi-layer and flap closure techniques.

*Vincent Markovchick, MD, FAAEM, FACEP; Staff Physician, Emergency Medical Services, Denver Health Medical Center; Denver CO and Professor Emeritus, Emergency Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

*Maria Moreira, MD; Program Director and Physician, Emergency Medicine Residency, Denver Health Medical Center; Denver CO*



**EDUCATIONAL SESSION J1**

**3:15 pm – 4:45 pm**

**1.5 Contact/CE Hours**



**J1 Legislation Panel: Federal and State Policies 0% Rx**

Healthcare is changing. NPs have the opportunity to define those changes or be defined by them. Gain a new perspective on the latest practice legislation at the state and federal levels. A discussion of issues that impact NP practice will be featured. Learn ways to become more involved in legislation and policy making.

*Jan Towers, PhD, NP-C, CRNP, FAANP, FAAN; Director of Health Policy/ Federal Government and Professional Affairs, American Association of Nurse Practitioners; Washington DC*

*Taynin Kopanos, DNP, NP; Vice President, State Government Affairs, American Association of Nurse Practitioners; Washington DC*

**AUTHORS PRESENT POSTERS**

**4:45 pm – 5:15 pm**  
**.5 Contact/CE Hours**

**INTENSIVES L1 – L5**

**5:30 pm – 6:15 pm**  
**.75 contact/CE Hours**

**L1 “It’s In My Truck”- Patient Perspectives on Prescriptions, Strategies to Increase Treatment Adherence 0% Rx**

Up to 60% of prescriptions are not filled. What happens between prescribing and the patient’s decision to take the Rx or not? Explore patient perspectives on treatment adherence, along with strategies the NP can use to understand patient behavior and increase adherence. Perspectives and strategies will be illustrated from the speaker’s experience as a nurse health coach.

*Nancy Rudner, DrPH, MPH, RN; Health Coach, Health Action; Maitland FL and Regular Part-time Faculty, School of Nursing, George Washington University; Washington DC*

**L2 The Human Gut Microbiome: It’s Impact on Our Lives and Our Health 0% Rx**

The human intestinal tract is home to a diverse and complex microbial community that is increasingly being recognized for its importance in overall health. This community of viruses, archaea, bacteria, microfungi, protozoa, and helminths is commonly referred to as a hidden metabolic ‘organ’ due to its pivotal impact on vast functions, including development, physiology, nutrition, and immunity. Alterations of the microbiota by environmental factors including diet, toxins, and antibiotics can significantly impact health and thus contribute to multiple chronic disease states. Learn the role of the oral and gastrointestinal microbiome in health and disease, as well as ways to restore and maintain a healthy microbiome.

*Robert Rountree, MD; Physician, Boulder Wellcare, Inc; Boulder CO*

**L3 Evidence Based Evaluation and Treatment of Pulmonary Sarcoidosis 25% Rx**

Pulmonary sarcoidosis is among one of the most challenging autoimmune diseases, however, when diagnosed in early stages complete remission is attainable. Studies have shown that at least three office visits generally occur prior to diagnosis of sarcoidosis, during which the disease may continue to progress to the point of requiring oxygen and pulmonary rehab. When the disease is diagnosed while in Stages I or II, there is a greater than 60% remission rate. If the symptoms are worked up sooner, the patients generally will only require courses of steroids for stabilization. Gain knowledge of appropriate diagnoses in evaluating patients presenting with respiratory symptoms.

*Jackie Broadway-Duren, DNP, MSN, APRN, FNP-BC; Family Nurse Practitioner, Department of Leukemia, MD Anderson Cancer Center, University of Texas; Houston TX*

**L4 Primary Care Provider Diagnosis and Treatment of Genitourinary Syndrome of Menopause 25% Rx**

Genitourinary syndrome of menopause (GSM), formerly known as atrophic vaginitis, has a significant negative impact on a woman’s quality of life. While vasomotor symptoms of menopause eventually resolve, GSM persists and worsens with time. Common symptoms of GSM include recurrent urinary tract infection, vaginitis, and dyspareunia. Women frequently do not recognize these symptoms as being related to menopause and are often resistant to effective treatment strategies for GSM. Many providers do not

understand that GSM impact goes beyond symptoms of vaginal dryness and are unsure of how to appropriately treat this common condition. Hear how to recognize, treat, and communicate with patients about this condition.

*Sara Revelle, APRN, FNP/GNP-BC; Family Nurse Practitioner, BJC Medical Group; St. Louis, MO*

**L5 Advanced Practice Providers’ Patient Ratios and Workload: Results of Multi-Institutional Survey 0% Rx**

Although staff nursing ratios and resident ratios have been well-studied, these may or may not transfer equitably to nurse practitioners. Multiple studies have demonstrated that NPs fulfil unique roles and responsibilities, while also providing consistency and continuity of care. Furthermore, with varying fields of practice, variable practice models, day-to-day variation in patient illness severity, volumes of patients, and/or financial billing expectations; it is difficult to determine a “one size fits all” ratio. Review the design, implementation and results of a multi-institutional survey to assess perspectives of advanced practice provider workload.

*April Kapu, DNP, APRN, ACNP-BC; Associate Nursing Officer and Director for Advanced Practice, Center for Nursing Excellence, Vanderbilt University Medical Center; Nashville TN*

**DINNER EDUCATIONAL SESSION M1**

*Optional, Limited Enrollment, Pre-registration required, and a fee of \$25.*

**6:30 pm – 8:00 pm**  
**1.5 Contact/CE Hours**

**M1 Chronic Abdominal Pain: Beyond Irritable Bowel Syndrome 25% Rx**

Although Irritable Bowel Syndrome is the most common cause of chronic abdominal pain, inflammatory bowel disease, functional dyspepsia and celiac disease need to be kept in mind when confronted with a patient with chronic abdominal pain. Hear about Functional Abdominal Pain Syndrome, Chronic Abdominal Wall Pain Syndrome and the Narcotic Bowel Syndrome, as gastrointestinal conditions which are often overlooked, misdiagnosed and inadequately treated. Repeated studies and procedures, including surgery in some cases, often occur in these patients with persistent abdominal pain, leading to poor clinical outcomes and quality of life, as well as increased utilization of medical resources.

*Carl Robert Dahl, MD; Staff Physician, VA Eastern Colorado Health Care System; Denver CO*





Saturday, July 9, 2016 • Day 3

SESSIONS N, O, P, Q

CONTACT / CE HOURS AVAILABLE: 6.5 for Sessions and Posters

OPTIONAL CONTACT/CE HOURS: Workshops (WS2 – WS5) 2.5

**WT2 7:00 am – 7:20 am Non-Certified**  
**“Walk & Talk” Around the Lake**

A continuation of the previous day’s “Walk & Talk” (WT1), however your group leader will revise the structured conversation points, so you can benefit from participating on one or both days of the “Walk & Talk”. This is your last opportunity to network with peers during a casual morning walk around Keystone Lake (approximately ½ mile). Remember to bring comfortable walking shoes and a light jacket.



**WORKSHOP SESSIONS WS2 – WS5**

*Optional, Limited Enrollment, Pre-registration required, and a fee of \$95. Enrollment is limited in order to maintain quality of instruction.*

**7:30 am – 10:30 am (break 8:30 am – 9:00 am)**  
**2.5 Contact/CE Hours**

**WS2 Office/Dermatological Procedures 0% Rx**

Learn about several common office and dermatological procedures performed in the primary care setting. Procedures discussed will include: incision and drainage of an abscess, resection of ingrown toenail, release of subungual hematoma, drainage of paronychia, fishhook and splinter removal, punch or shave biopsy of skin lesions, and other procedures as time allows. Techniques for administering local anesthesia, regional blocks and liquid nitrogen will also be simulated. The opportunity to perform each procedure on realistic props will be offered in the hands-on portion of the workshop.

*Vincent Markovchick, MD, FAAEM, FACEP; Staff Physician, Emergency Medical Services, Denver Health Medical Center; Denver CO and Professor Emeritus, Emergency Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

*Maria Moreira, MD; Program Director and Physician, Emergency Medicine Residency, Denver Health Medical Center; Denver CO*

**WS3 Pulmonary Function/Spirometry 0% Rx**

Pulmonary Function Testing is a useful and common tool in the evaluation of respiratory symptoms. Spirometry is relatively easy to perform in clinic and yields reliable and reproducible data. The interpretation of this information aids in making management decisions to help take care of patients. Focus on Pulmonary Function Testing from two perspectives: 1) discussion to introduce the basic concepts of simple interpretation and case-based examples, and 2) a hands-on workshop to apply lecture concepts, self-perform and coach spirometry.

*Steven E. Lommatzsch, MD; Physician Clinic Manager and Assistant Professor of Medicine, Division of Pulmonary and Critical Care Medicine; National Jewish Health; Denver CO and Assistant Professor, Pulmonary/Critical Care, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**WS4 Introduction to Bedside Ultrasound Applications 0% Rx**

Focused, point-of-care ultrasound assessments are evolving into an extension of the physical exam in diverse clinical settings (e.g. ICU, primary care office). Both diagnostic and therapeutic application of point-of-care ultrasound is quickly becoming part of the standard of care. In this introductory seminar, interactive didactic lectures and case-based clinical scenarios will be used to demonstrate the basic principles and applications of point-of-care ultrasound. Audience participation—with an emphasis on ultrasound image interpretation—will be an integral part of the learning experience. This

workshop is geared towards providers with little or no prior ultrasound experience and will NOT offer hands-on training in image acquisition.

*Jason Elinoff, MD; Assistant Clinical Investigator, Critical Care Medicine Department, National Institutes of Health; Bethesda MD*

*Daniel A. Sweeney, MD; Assistant ICU Director, Temecula Valley Hospital, Temecula CA and Assistant Professor, Division of Pulmonary, Critical Care and Sleep Medicine, Department of Internal Medicine, University of California; San Diego CA*

**WS5 IUD Insertion 100% Rx**

Increasing use of Long-Acting Reversible Contraception (LARC) includes three intrauterine contraceptives. Gain skills in the placement of intrauterine devices, as well as strategies for challenging insertions and techniques for difficult removals. Review most major IUDs available in the United States and practice their proper insertion techniques. Get hands-on experience with plastic pelvic models to prepare you to place IUCs in your own practice.

*Kristina M. Tocce, MD, MPH; Vice Chair for Education, Medical Student Program Director, Department of OB/GYN, Assistant Director, Fellowship in Family Planning, and Associate Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**SATELLITE SYMPOSIA BREAKFAST SESSIONS**

*Optional, Limited Enrollment, Pre-registration required, No additional fee.*

**7:30 am – 8:45 am Non-Certified**

**Check website for updates on additional programs**

**SS7 Managing Seasonal Allergic Rhinitis: Focus on a Nasal Spray Treatment Option**

*Ann Hefel, FNP-BC, MS, RN; National Jewish Health; Denver CO*

*This is a promotional medical education presentation; not certified for continuing medical education credit. Sponsored by Meda Pharmaceuticals.*



**EDUCATIONAL SESSION N1**

**9:00 am – 10:30 am**

**1.5 Contact/CE Hours**



**N1 The Essential Role of Nurse Practitioners in Achieving the Quadruple Aim 0% Rx**

Improving care while reducing costs requires highly effective healthcare organizations that foster an engaged and productive workforce. Nurse practitioners are an essential part of the redesign of these organizations. The Center for Advancing Provider Practices (CAP2) has analyzed emerging trends in APRN utilization, models of care, and privileging practices from a database which includes data from 220 organizations in 30 states representing over 25,000 APRNs and PAs in 50 different clinical areas. Understand how to use data to drive change, increase access, decrease costs and increase APRN practice to top of license.

*Trish Anen, MBA, BSN, RN NEA-BC; Vice President, Clinical & Advisory Services, Metropolitan Chicago Healthcare Council and Center for Advancing Provider Practices; Chicago IL*

*Debra A. McElroy, MPH, RN; Associate Vice President, Nursing Programs, VHA-UHC NewCo Alliance, Inc; Chicago, IL*

**EDUCATIONAL SESSIONS O1 – O7****12:00 pm – 1:00 pm****1.0 Contact/CE Hours****O1 Cutaneous Drug Eruptions 50% Rx**

A vast number of systemic medications are now available for our use, but are not without some serious side effects. Learn how to recognize various skin reactions to medications and distinguish the simple from life-threatening reaction. How to initiate treatment and when to refer to dermatology will be also presented.

*Mary E. Nolen, ANP-BC, MS, DCNP; Director of Nurse Practitioner Fellowship, Department of Dermatology, Lahey Hospital and Medical Center; Burlington MA*

**O2 The 2015 CDC STI Treatment Guidelines: What's New? 25% Rx**

Sexually transmitted infections (STIs) are a major public health concern and a significant source of morbidity. The majority of STIs are diagnosed and treated in primary care. The Centers for Disease Control (CDC) issue evidence-based treatment guidelines at regular intervals to aid with the medical decision making process of clinicians. A new version was released in 2015 that contains changes from the 2010 document. Hear about the counseling, diagnostic and treatment changes detailed in the most recent version of the CDC STI Treatment Guidelines. Highlights include: the treatment of Bacterial Vaginosis (BV) in pregnancy, syphilis testing algorithms and interpretation and multi-drug resistant *Neisseria gonorrhoea*.

*Alison O. Marshall, RN, MSN, FNP-C; Faculty, Sylvie Ratelle STD/HIV Prevention Training Center of New England, Massachusetts Department of Health; Jamaica Plain MA, Family Nurse Practitioner, South Boston Community Health Center; Boston MA and Faculty, William F. Connell School of Nursing, Boston College; Chestnut Hill MA*

**O3 Cervical Spine Evaluation for Primary Care 0% Rx**

Musculoskeletal complaints continue to be one of the most common reasons a patient seeks treatment from a primary care provider. Specifically, spinal complaints are becoming more common with the aging population. Gain the knowledge to perform a thorough examination of the patient who presents with neck or cervical radicular pain. A review of the anatomy, as well as special physical exam skills, will be addressed. Case presentation and multiple forms of imaging will be utilized to illustrate the learning points. The imaging used will include X-ray, MRI, CT, and other instructional illustrations.

*Christopher R. Hemmer, DNP, ANP; Adult Nurse Practitioner-Spine, V.P. Piper Spine Care; St. Peters MO, Assistant Professor, School of Nursing, Saint Louis University; St. Louis MO, and Adjunct Assistant Professor, University of Missouri; St Louis MO*

**O4 Anticipating and Managing Common Issues with LARC 25% Rx**

Understand the appropriate use of long-acting reversible contraceptives, including strategies for managing common issues that arise with use. Discussion will include treatment of side effects, as well as management of complicated device insertions and removals. Learn methods to decrease pain with IUD insertion, management of bleeding profiles, and the feasibility of LARC for adolescents

*Kristina M. Tocce, MD, MPH; Vice Chair for Education, Medical Student Program Director, Department of OB/GYN, Assistant Director, Fellowship in Family Planning, and Associate Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**O5 “It’s Just a Boo-Boo”: Toddler Concussion 25% Rx**

Toddlers are a high-risk group for head injuries and concussions, however receive the least amount of attention through literature and the media. Yes, head injuries can appear way worse than they really are. But, those injuries that toddlers present with may not be “just a bump on the head”. We need to change the way we think! Learn what to look for the next time your pediatric patient or even your own child gets that “just a bump on the head”

*Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN; Stroke/Neuro Nurse Practitioner, HonorHealth Scottsdale Osborn; Scottsdale AZ and Faculty, DNP Program, College of Nursing and Health Innovation, Arizona State University; Phoenix AZ*

**O6 Electrolytes Made Easy: Case-based Presentation 25% Rx**

Handling electrolyte and acid-base disturbances is a common and essential part of clinical care. The approach to electrolyte problems should be systematic and based on a firm grasp of pathophysiology. Treatment of the underlying cause of electrolyte disturbances is critical to successful treatment. Through case-based discussions, learn how to improve your ability to solve clinical problems involving common electrolyte imbalances in the acute and primary care areas.

*Barbara Weis Malone RN, FNP-BC, MSN, MCHOS, FNKF; Senior Instructor A/GNP Program, College of Nursing and Certified Nurse Practitioner, Renal Medicine Disease & Hypertension, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

*Elizabeth Flanigan, RN, MSN, NP-C; Instructor and Renal 2 Inpatient Nurse Practitioner, Renal Medicine Disease & Hypertension, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**O7 Tips for Improving the Preceptor Experience 0% Rx**

Preceptored clinical hours allow the nurse practitioner student to develop competence, confidence and professional identity; however, clinical sites are becoming more difficult to secure. Studies consistently indicate that increased workload, impaired patient flow, and decreased revenues are barriers to being a preceptor. Hear tips from the literature and other preceptors on becoming a more efficient, effective preceptor.

*Leonie DeClerk, DNP, APRN, FNP-BC; Clinical Assistant Professor, College of Nursing, University of Arkansas for Medical Sciences; Little Rock AR*

**AUTHORS PRESENT POSTERS****1:00 pm – 1:30 pm****.5 Contact/CE Hours****EDUCATIONAL SESSIONS P1 – P7****1:30 pm – 3:00 pm****1.5 Contact/CE Hours****P1 Food and the Irritable Bowel Syndrome (IBS) 25% Rx**

The majority of IBS patients report worsening of symptoms after meals and intolerance to various foods. More than two-thirds of patients believe that foods cause their symptoms or that they have a food allergy. Gain a better understanding of food intolerance, food allergies, fermentable oligo-id-monosaccharides and polyols (FODMAPs), and gluten (or wheat) sensitivity. Patients often want to know what to eat. Review the evidence, practice and recommendation of dietary interventions in irritable bowel syndrome.

*Carl Robert Dahl, MD; Staff Physician, VA Eastern Colorado Health Care System; Denver CO*



**P2 Immunization Update: Across the Lifespan 100% Rx**

Immunization recommendations change frequently. Recent new or revised recommendations include those for meningococcal serogroup B vaccination, Tdap vaccination of pregnant women, and recommendations for the use of 9-valent human papillomavirus vaccine. Understand recent changes to immunization recommendations across the lifespan and how to address common immunization questions from patients.

*William L. Atkinson, MD, MPH; Associate Director for Immunization Education, Immunization Action Coalition; St. Paul MN*

**P3 Human Trauma – When the Nightmares Do Not Stop 25% Rx**

Trauma, whether physical, emotional or sexual is a fact of everyday life that unfortunately is all too common for both children and adults. There can be direct exposure to a traumatic situation or prolonged exposure through our medical settings (ED, ICU e.g.), or even the relentless exposure through the media. Learn about acute stress disorder and posttraumatic stress disorder (PTSD), as the potential responses to human trauma. While many assume that PTSD is the solely province of the military and the VA, patients with a history of trauma, both recent and remote are frequent visitors to primary care clinics. Review of the medications appropriate for treatment of these conditions, as well as, simple but effective verbal interventions that you can use in your office to assist traumatized patients.

*Christopher M. Doran, MD; Associate Clinical Professor, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**P4 Do Pregnancy Experiences Predict Cardiovascular Disease in Women? 0% Rx**

Women were not included in medical research routinely until the 1990's. As a result, we may have missed a major predictor of cardiovascular disease in half the population. Research shows heart disease, the leading killer of women, can be predicted by adding pregnancy experiences to screening performed by primary care providers. Reproductive concerns and annual exams make women more likely to actively seek healthcare. Hear how clinicians can assess risk and provide heart healthy messages to reduce heart disease in later life.

*Susan Andersen, PhD, FNP-BC, APRN; Associate Professor, School of Nursing, Texas Tech University Health Sciences Center; Lubbock TX*

*Judy Bezanson, DSN, RN, CNS-MS, FAHA; Associate Professor, School of Nursing, Texas Tech University Health Sciences Center; Lubbock TX*

**P5 The Diagnosis of Attention Deficit Hyperactivity (ADHD) in Children: Let's Sleep on It! — Importance of the Evaluation of Sleep Disorders when Considering ADHD 0% Rx**

Children with insufficient sleep often have symptoms of hyperactive behavior and behavioral problems, which can be similar to symptoms of Attention Deficit/Hyperactivity Disorder (ADHD). Sleep problems are experienced by 14% to 27% of children. These problems can range from occasional nighttime difficulties to obstructive sleep apnea or periodic limb movement disorder. Understand how to distinguish the symptoms of behavior problems from symptoms of sleep problems. All children need to be assessed for complaints about snoring, mouth breathing, or restless sleep.

*Diane Spoljoric, PhD, RNC, FNP; Chair, Department of Nursing & Health Studies and Associate Professor; Nursing Department, Purdue University; Westville IN and Certified Family Nurse Practitioner, Walker Medical Practice; LaPorte IN*

**P6 New Emerging Viruses and Re-emerging Viruses 25% Rx**

Severe Acute Respiratory Syndrome coronavirus (SARS-CoV), Middle Eastern Respiratory Syndrome coronavirus (MERS-CoV), pandemic influenza, and Ebola virus have all emerged or re-emerged in the past 15 years. These highly lethal infections that lack effective vaccines or therapies present unique challenges to healthcare workers. Review the epidemiology and clinical presentation of recent severe emerging and re-emerging viral pathogens. Requirements for early recognition and isolation of suspected or confirmed patients will be outlined. Risks to healthcare workers in caring for patients with these viral pathogens will be summarized along with mechanisms to reduce risk while maximizing quality patient care.

*Daniel S. Chertow, MD, MPH; PHS Medical Officer/Assistant Clinical Investigator, Critical Care Medicine Department, National Institutes of Health; Bethesda MD*

**P7 Medicare/Medicaid Billing: What NPs Need to Know about Billing Errors and Fraud 0% Rx**

When a nurse practitioner applies for Medicare provider status, the application requires the NP to agree to keep up with and follow Medicare's rules. Enforcement agencies say clinicians are responsible for ascertaining that their billing information is used appropriately. More NPs than ever are being investigated and sometimes charged after fraud investigations of physician practices, clinics and home care agencies. The penalties for inappropriate billing include loss of job, loss of license, disqualification from the Medicare or Medicaid program, monetary penalties, and even incarceration. Hear an attorney identify the problem areas, go over the rules and tell the story of what went wrong for some nurse practitioners and their employers.

*Carolyn Buppert, JD, ANP-BC (Retired); Attorney, Law Office of Carolyn Buppert, PC; Boulder CO*

**AUTHORS PRESENT POSTERS**

**3:00 pm – 3:30 pm**

**.5 Contact/CE Hours**

**EDUCATIONAL SESSIONS Q1 – Q7**

**3:30 pm – 5:00 pm**

**1.5 Contact/CE Hours**

**Q1 Sports Related Dermatoses 50% Rx**

Professional athletes and weekend warriors are all subject to potential skin ailments as a result of sweat, friction and exposure to various microorganisms. Learn about some of the most common disorders, their etiology, treatment, and prevention.

*Mary E. Nolen, ANP-BC, MS, DCNP; Director of Nurse Practitioner Fellowship, Department of Dermatology, Lahey Hospital and Medical Center; Burlington MA*

**Q2 Parkinson's Disease and Extrapyrimal Syndromes 50% Rx**

Parkinson's Disease and related disorders are among the frequent neurological diseases seen in clinic. Understand the role of Dopamine and related neurotransmitters in brain function. With this understanding, the clinical diagnosis of Parkinson's disease will be discussed, emphasizing how presenting symptoms correlate with diminished brain dopamine function. Currently available clinical treatments will be presented (emphasizing mechanisms of action in light of our understanding of the disease) along with the development treatment algorithms. A review of the diagnosis and treatment of related "Parkinson's Plus" syndromes will also be presented.

*Bruce Morgenstern, MD; Neurologist, Bruce L. Morgenstern, MD, PC; Lone Tree CO*

**Q3 Introduction to Radiology for Primary Care 0% Rx**

NP may commonly find themselves in urgent cares or rural health where professional interpretation of plain films can be delayed. Gain a better understanding of reading x-rays, along with a detailed review of common anatomy, as well as common pathology. Multiple digital x-rays will be available to review, and a brief discussion of advanced imaging including CT, MRI, and US will be included.

*Christopher R. Hemmer, DNP, ANP; Adult Nurse Practitioner-Spine, V.P. Piper Spine Care; St. Peters MO, Assistant Professor, School of Nursing, Saint Louis University; St. Louis MO, and Adjunct Assistant Professor, University of Missouri; St Louis MO*

**Q4 Recurrent Bacterial Vaginosis: What To Do When You Have Tried Everything 50% Rx**

Focus on the recognition and management of recurrent vaginitis, including recurrent bacterial vaginosis (RBV) and recurrent vaginal candidiasis (RVC). The increased morbidity and mortality associated with chronic vaginitis will be reviewed, in particular the link between vaginitis and other sexually transmitted infections (STIs). Non-pharmacological as well as pharmacological management, will be discussed; in particular the role of probiotics. Bring your tough cases to discuss!

*Alison O. Marshall, RN, MSN, FNP-C; Faculty, Sylvie Ratelle STD/HIV Prevention Training Center of New England, Massachusetts Department of Health; Jamaica Plain MA, Family Nurse Practitioner, South Boston Community Health Center; Boston MA and Faculty, William F. Connell School of Nursing, Boston College; Chestnut Hill MA*

**Q5 What Would You Do? Clinical Pediatric Case Presentations 0% Rx**

Participate in an interactive presentation to review and discuss actual clinical cases to include current and pertinent clinical recommendations and guidelines. Pediatric case studies will be presented to encourage attendees to critically think about how to evaluate and/or treat an assortment of patient presentations. Learn when and how to best use a combination of history taking, physical exam, laboratory, and imaging information. Among the cases to be discussed include children with symptoms of allergy, cough and asthma, persistent vomiting, fever of unknown origin, or variations of these. Gain the opportunity to compare and contrast clinical approaches to the question of what would you do.

*James Harrington, MD; Pediatrician, Greenwood Pediatrics; Littleton CO*

**Q6 A Stroke of Bad Luck: Addressing Opportunities for Optimal Care 25% Rx**

Although most providers can provide a robust differential diagnosis of the causes of ST elevation, few are proficient in identifying all of the various stroke syndromes, and even fewer are familiar with the anatomical correlates of each on neuroimaging. Until recently, perhaps it was not that important. The race to find better therapies for acute stroke is intensifying. As technology and techniques advance, treatments for stroke begin to look more like those for acute coronary syndromes. Hear how to increase your sophistication with the anatomy and pathology of stroke syndromes

*Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN; Stroke/Neuro Nurse Practitioner, HonorHealth Scottsdale Osborn; Scottsdale AZ and Faculty, DNP Program, College of Nursing and Health Innovation, Arizona State University; Phoenix AZ*

**Q7 Use of Social Media in Education, Research and Practice 0% Rx**

Social media are now used by a majority of internet users. Over 75% of users seek and share health information, as well as engage in collaboration and innovation through social media platforms. Evidence suggests significant benefits of the use of Web 2.0 networking tools in education and practice. Gain recommendations and lessons learned on the use of social media in education and practice. A social media toolkit will be also provided.

*Cathrin L. Carithers, DNP, APRN, FNP-C; Director, Doctor of Nursing Practice Program and Clinical Associate Professor, College of Nursing, University of Arkansas for Medical Sciences; Little Rock AR*

*Renee Leasure, PhD, RN, CCRN; Associate Professor, College of Nursing, University of Oklahoma; Oklahoma City OK*



**TWILIGHT'S HIGHLIGHTS**

**5:00 pm+ (Saturday, July 9)**

Keystone and local merchants will have a plethora of offerings. This is your time to relax and enjoy the area on your own. Check the website for exclusive offers.

- ➔ Activities ➔ Entertainment
- ➔ Merchant deals
- ➔ Restaurant specials ➔ Tours
- ....and much more!

Sunday, July 10, 2016 • Day 4

SESSIONS R, S

CONTACT / CE HOURS AVAILABLE:

3.5 for Sessions and Posters

**HS 7:00 am – 7:30 am Non-Certified Home "Stretch"**

Start your final morning off with professionals leading the way in exercise designed to stretch your muscles, and invigorate your mind. Reward yourself with this treat prior to your final day at the Symposium and heading home.

**AUTHORS PRESENT POSTERS**

7:30 am – 8:00 am

.5 Contact/CE Hours

**EDUCATIONAL SESSIONS R1 – R5**

8:00 am – 9:30 am

1.5 Contact/CE Hours

**R1 Primary and Secondary Prevention of Cardiac Issues 25% Rx**

Cardiovascular disease is one of the most common conditions afflicting Americans. Primary care practitioners serve an important role in preventing the onset of disease, as well as preventing subsequent events in patients with established disease. Review the presence or absence of evidence for certain lifestyle, dietary, and supplemental trends. Updates to guidelines will be discussed, along with strategies to make primary and secondary prevention into a routine every time you see your patients.

*Rose Q. Do, MD; Senior Health and Social Policy Associate, Acumen, LLC; Burlingame CA*



**R2 The Top Three Endocrinology Issues of 2016 75% Rx**

Hypothyroidism, Osteoporosis and Male hypogonadism are common endocrine conditions. However, significant controversy exists over when to treat these conditions, what medications most effectively and safely treat them, and the long term benefits and safety of the medications used. Treatment of hypothyroidism is straightforward in many patients, but there is significant controversy over treatment in certain situations such as pregnancy, the elderly, in patients who have persistent symptoms on standard thyroid hormone replacement therapy. There are now numerous medications approved for the treatment of osteoporosis. Significant controversy remains, however, over calcium and vitamin D nutrition, the optimal choice of medications, and the prevention of medication induced atypical femoral fractures and osteonecrosis of the jaw. Hypogonadism is an clear indication for testosterone replacement therapy; nonetheless important issues remain over when to start androgen replacement therapy, long term benefits and risks of treatment.

*Michael T. McDermott, MD; Director, Endocrinology and Diabetes Practice, University of Colorado Hospital and Professor of Medicine and Clinical Pharmacy, Division of Endocrinology, Metabolism and Diabetes, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**R3 Perinatal Mood Disorder: Long-term Prognosis throughout a Woman's Lifespan 25% Rx**

With a reported incidence of up to 20%, perinatal mood disorder is one of the most common complications of pregnancy and postpartum. Gain definitions of the different mood disorders encountered in pregnancy and postpartum, as well as current programs in place to assist patients. Common screening tools will be presented, which can assist the patient and provider in diagnosis and the need for treatment.

*Jennifer S. Hyer, MD; Physician, Department of Obstetrics and Gynecology, Denver Health Medical Center; Denver CO and Assistant Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**R4 Pediatric Epilepsy: Diagnostic Approaches and Treatment Alternatives – It's Not Just EEG and CBD 50% Rx**

Epilepsy is more than seizures. Significant comorbidities are often present, including behavioral and cognitive dysfunction. Thus, epilepsy can be seen as a spectrum disorder. Likewise, treatment should not be limited to treating seizures, but include treating comorbidities. Learn about diagnostic evaluation, including identification of epilepsy syndromes and the role of genetic testing. Treatment options for the newly diagnosed child will be presented, including newer medications and the role of alternative treatments, including ketogenic diet and Cannabidiol (CBD).

*Paul M. Levisohn, MD; Associate Professor, Pediatrics and Neurology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**R5 Immunotherapy and Infection: What Do They Have in Common? 75% Rx**

Gain a better understanding of immunotherapy as a method to fight cancer, infection or other diseases, through the use of substances to stimulate or suppress the immune system. The therapy is based on an antigen-antibody reaction, which is programmed to combat a certain disease and the reaction results in a cytokine storm that will hopefully destroy the target. A major intervention in healthcare, immunotherapy has many forms, including monoclonal antibodies, chimeric antigen receptor (CAR) T cells, and even bacteria, which can lead to immunosuppression as the intervention evolves. Hear about this process, and be able to distinguish between an infection and the immunological reaction.

*Nancy Munro, RN, MN, CCRN, ACNP-BC; Senior Acute Care Nurse Practitioner, Critical Care Medicine Department and Pulmonary Consult Service, National Institutes of Health; Bethesda MD*

**EDUCATIONAL SESSIONS S1 – S5**

**10:00 am – 11:30 am 1.5 Contact/CE Hours**

**S1 Thinking like a Neurologist: How to Analyze Patients with Neurological Symptoms 0% Rx**

Neurological conditions are often intimidating to providers. Learn how to carefully analyze and diagnose neurological syndromes, through a series of case studies, as they may present in the clinic. A brief review of the components of a simple and structured neurological exam will be provided, followed by a series of individual neurologic case presentations. With each case, we will then carefully review the neurologic exam to analyze the abnormal findings to understand how they combine to lead to correct diagnosis.

*Bruce Morgenstern, MD; Neurologist, Bruce L. Morgenstern, MD, PC; Lone Tree CO*

**S2 Diabetes Mellitus: Individualized Treatment Targets and Therapies 75% Rx**

Type 2 Diabetes Mellitus is a heterogeneous disease involving patients with a variety of contributing factors and coexisting co-morbid conditions. Lifestyle modification is the cornerstone of management and is appropriate for all affected patients. Individualization of glycemic targets and personalization of medication choices are now a key part of the current clinical practice recommendations. Become familiar with the key factors that affect the choice of individualized glycemic targets and the choice of personalized medication management plans.

*Michael T. McDermott, MD; Director, Endocrinology and Diabetes Practice, University of Colorado Hospital and Professor of Medicine and Clinical Pharmacy, Division of Endocrinology, Metabolism and Diabetes, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**S3 Fine Tuning The Pelvic Exam: Pelvic Floor Support 25% Rx**

Gain information on history taking and language to optimize patient comfort with their pelvic exam. An overview of pelvic anatomy and the pelvic exam will be provided, with special attention to pelvic floor support. Learn about first line treatment options for common gynecologic conditions, and a review of basic vulvar and perineal care.

*Jennifer S. Hyer, MD; Physician, Department of Obstetrics and Gynecology, Denver Health Medical Center; Denver CO and Assistant Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO*

**S4 Acute Pediatric Cases and Visual Diagnosis 25% Rx**

Review a medley of pediatric cases, medical and surgical alike, each with helpful hints for initial assessment and treatment plans. These will be intertwined with visual diagnosis and basics of decisions making. Gain some of the pearls of wisdom from 30 years of – and still ongoing! – learning, also highlighting medical-legal perspectives. A sometimes breathtaking journey through pre- and in-hospital care.

*Julia S. Whitefield, MD, PhD; Attending Physician, Pediatric Emergency Department, Providence Memorial Children's Hospital; El Paso TX*

**S5 Cardiovascular Emergencies for the Primary Care Provider 25% Rx**

Emergent management of cardiovascular emergencies does not always occur in the hospital, and emergency situations may present at any time in clinics or any location. Through case discussion, learn warning signs for cardiac emergencies and identification of urgent or emergent symptoms. Diagnostic strategies will be presented, along with emergency management and consultation. Understand common cardiac emergencies to plan strategies. Medications, as well as non-pharmacologic treatments will be discussed.

*Rose Q. Do, MD; Senior Health and Social Policy Associate, Acumen, LLC; Burlingame CA*

## POSTER SESSIONS

0.5 CONTACT / CE HOURS (PER SESSION)

Friday, July 8: Authors Present Posters 4:45 pm – 5:15 pm

Saturday, July 9: Authors Present Posters 1:00 pm – 1:30 pm and 3:00 pm – 3:30 pm

Sunday, July 10: Authors Present Posters 7:30 am – 8:00 am

### **Lead Exposure in Children and Adolescents: The Full Cycle of Prevention**

*Kathleen Ahonen, MSN, WHNP; Assistant Professor, Community Health Nursing College of Nursing, University of Toledo; Toledo, Ohio and Nurse Practitioner, Family Planning Clinic, Monroe County Health Department; Monroe MI*

*Jessica Wenzel, BSN, DNP; Registered Nurse, Admission Unit, Toledo Hospital; Toledo OH*

*Marilynne Wood, RN, MSN, PhD; Professor, Pediatric and Community Nursing, College of Nursing, University of Toledo; Toledo OH*

*Shannon Chavalia, BSN, MSN; Registered Nurse, Surgical Intensive Care Unit, Toledo Hospital, Toledo OH*

### **Breast Cancer Patients: Does Care Navigation Increase Patient Care Satisfaction among this Patient Population?**

*Kristen Allen, BSN, RN; Part-time Adjunct Faculty, Gordon E. Inman College of Health Sciences & Nursing, Belmont University; Nashville TN*

*Brenda Hutchins, GNP-BC, ANP-BC, DNP; Adult/Gerontological Nurse Practitioner, Cornerstone Medical Group; Franklin TN and Assistant Professor, Gordon E. Inman College of Health Sciences & Nursing; Belmont University; Nashville, TN*

### **Skin Cancer Risk Perception and Sunscreen Use in Adolescent Female Soccer Athletes**

*Cheryl L. Butera, PhD, APRN, FNP-BC, NP-C, PHN; Clinical Associate Professor, Hahn School of Nursing and Health Science, University of San Diego; San Diego CA and Family/College Nurse Practitioner Palomar College Health Center, Palomar College; San Marcos CA*

### **Transforming Birth Culture in the United States: The Relationship between Interpersonal Processes of Care as Exhibited by the Primary Care Provider and the Level of Maternal Satisfaction with the Birthing Experience**

*Jessica Couper, BSN Student; College of Science and Health, William Paterson University; Wayne NJ*

### **Framing Decisions about Advanced Directives Using Behavioral Economics**

*Maureen (Reni) Courtney, FNP-BC, PhD; Associate Professor, School of Nursing, University of Texas at Arlington; Arlington TX and Family Nurse Practitioner, Arlington Minor Emergency & Family Practice Center; Arlington TX*

### **Using the Montreal Cognitive Assessment (MoCA) Tool to Improve Falls Risk Identification in Long Term Care**

*Michelle Cuttino, DNP, CRNP, AGPCNP-BC; Nurse Practitioner, Simpson House Rehabilitation & Nursing Facility, United Health Group – Optum Health; Philadelphia PA*

### **Autonomic Neuropathies in Diabetes**

*Leonie DeClerk, DNP, APRN, FNP-BC; Clinical Assistant Professor, College of Nursing, University of Arkansas for Medical Sciences; Little Rock AR*

### **Health Education Needs of Incarcerated Women**

*Shirley Dinkel, PhD, APRN, FNP-C, ANP-C, FAANP; Director and Professor, Doctor of Nursing Practice Program, School of Nursing; Washburn University; Topeka KS*

### **Factors Related to Successful Transition to Practice for the Acute Care Nurse Practitioner**

*Deborah L. Dillon, RN, DNP, ACNP-BC, CCRN, CHFN; Assistant Professor, Acute and Specialty Care, School of Nursing, University of Virginia; Charlottesville VA*

*Mary Ann Dolansky, PhD, RN; Associate Professor, Frances Payne Bolton School of Nursing, Case Western Reserve University; Cleveland OH*

*Carol Kelley, PhD, CNP; Assistant Professor, Frances Payne Bolton School of Nursing, Case Western Reserve University; Cleveland OH*

*Kathryn Casey, RN, MSN; Manager, Clinical Education Programs, Exempla Lutheran Medical Center; Wheat Ridge CO*

### **Skin Infections in High School Wrestlers: A Nurse Practitioner's Guide to Diagnosis, Treatment, and Return to Participation**

*Krista R. Estes, DNP, FNP-C; FNP Specialty Option Director and Assistant Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO*

### **Breastfeeding Education for Fathers: An Intervention to Increase Breastfeeding Rates**

*Jill Frisz, BSN; Registered Nurse, Medical-Surgical and Intensive Care Units, Union Hospital Clinton; Clinton IN*

### **Therapeutic Neuromodulation: Interventional Approaches to Depression**

*Laurene R. Hardy, MSN, CRNP; Family Nurse Practitioner, Cognitive Neuromodulation, Veterans Administration Pittsburgh Healthcare System; Pittsburgh PA*

### **Exploring Infant Feeding Beliefs and Practices in the Mother in Methadone Maintenance Therapy for Opioid Addiction**

*Jennifer Hicks, RN, BSN; Registered Nurse, Vascular Surgery, Saint Thomas Hospital; Nashville TN*

### **Searching for a Common Thread: A Retrospective Chart Review of Child and Adolescent Restraints and Seclusions**

*Mary Koziura, RN, BSN; RN2, Child & Adolescent Unit, Vanderbilt Psychiatric Hospital; Nashville TN and Adjunct Faculty, Psychiatric Mental Health Clinical Instructor, Gordon E. Inman College of Health Sciences & Nursing; Belmont University; Nashville, TN*

*Linda G. Wofford, RN, CPNP, DNP; Associate Professor, Gordon E. Inman College of Health Sciences & Nursing, Belmont University; Nashville TN*

### **Provider Psychological Insulin Resistance**

*Alicia Le Pard, MSN, APRN, ACNP, FNP, GNP, BC-ADM, CDE; Owner and Nurse Practitioner, High Desert Healthcare, LLC; Gillette WY and Nurse Practitioner, ER/Hospitalist, Crook County Medical Services Unit; Sundance WY*

### **Atypical Insulin Resistance: Characteristics and Signs in Nontraditional Glycemic Control**

*Alicia Le Pard, MSN, APRN, ACNP, FNP, GNP, BC-ADM, CDE; Owner and Nurse Practitioner, High Desert Healthcare, LLC; Gillette WY and Nurse Practitioner, ER/Hospitalist, Crook County Medical Services Unit; Sundance WY*



**Educational Preparedness of Advanced Nurse Practitioners in the Area of Radiological Imaging**

*Roberta W. Logsdon, RN, DNP, ARNP-BC; Assistant Clinical Professor, School of Nursing, Jacksonville University; Jacksonville FL and Advanced Registered Nurse Practitioner, First Stop Urgent Care; Jacksonville FL*

**Sleep Apnea: Should College Students Be Routinely Screened?**

*Jennifer Massie, RN-BSN; Registered Nurse, Parallon Workforce Management Solutions; Nashville TN*

**Use of a Multidisciplinary Pancreas & Biliary Cancer Clinic is Associated with Program Growth and Change in Diagnosis**

*Cheryl L. Meguid DNP, ACNP; Director, Multidisciplinary Program Development, Coordinator and Acute Care Nurse Practitioner, Pancreas & Biliary Multidisciplinary Clinic, Anschutz Cancer Pavilion, University of Colorado Hospital, Aurora CO*

**Culturally Appropriate Appointment Reminders: Assessing the Communication Preferences of Patients with Limited English Proficiency**

*Elizabeth Morse, DNP, MPH, FNP-BC; Assistant Professor, Gordon E. Inman College of Health Sciences & Nursing; Belmont University; Nashville, TN and Clinical Faculty, Vanderbilt Center for Professional Health; Nashville TN*

**A Quality Improvement Project to Identify and Refer Obese Adult Patients to an Integrative Health Program**

*Ana Nelson, MSN, RN, FNP-BC; Nurse Practitioner, Department of Cancer Prevention Center, MD Anderson Cancer Center, University of Texas; Houston TX*

**Learning to Love Lysis**

*Christine Owen, CRNP-AC, RNFA; Certified Registered Nurse Practitioner, Registered Nurse First Assist, Maryland Vascular Center, Baltimore Washington Medical Center; Glen Burnie MD*



**Transcending Stereotypes: Meeting the Health Care Needs of Transgender Individuals**

*George Byron Peraza-Smith, DNP, GNP-BC, CNE; Associate Dean of Academic Affairs and Associate Professor, College of Nursing; United States University; San Diego CA and Director, Post Masters to DNP Program, and Associate Professor, School of Nursing and Health Professions, Brandman University; Irvine CA*

*Mary Mackenburg-Mohn, RN, PhD, CNP; Assistant Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO and Emergency Medicine Nurse Practitioner, Emergency Physicians PA; Minnetonka MN*

**Non-Allopathic Treatment of Recurrent Bacterial Vaginosis**

*Karla Reinhart, DNP, FNP-C; Nurse Practitioner, Rogue Health Center; Eagle Point OR and Clinical Associate Professor, School of Nursing, Oregon Health and Science University; Portland OR*

**Evaluation of Nurse Practitioner Strategies to Promote Adherence to Childhood Obesity Clinical Guidelines**

*Gigi Thomas, DNP, APRN, FNP-BC; Family Nurse Practitioner, Emergency Department, Baylor Medical Center; Irving TX and Clinical Assistant Professor, College of Nursing, University of Texas at Arlington; Arlington TX*

*Maureen (Reni) Courtney, FNP-BC, PhD; Associate Professor, School of Nursing, University of Texas at Arlington; Arlington TX and Family Nurse Practitioner, Arlington Minor Emergency & Family Practice Center; Arlington TX*

**Providers' Vaccine Promotion Strategies and Perceived Barriers to Human Papillomavirus Vaccine Uptake among Adolescent Males**

*Danielle Voss, BSN, RN; DNP Student, Gordon E. Inman College of Health Sciences & Nursing, Belmont University; Nashville TN*

**Can the CDC's Get Smart Program and Use of a Decision-Tree Tool Alter Clinician Guideline Adherence for AVRS and ABRs?**

*Tracy Wilson, DNP, FNP-BC; Instructor and Nurse Practitioner, Gordon E. Inman College of Health Sciences & Nursing; Belmont University; Nashville, TN and Family Nurse Practitioner, Murfreesboro Medical Clinic and SurgiCenter; Murfreesboro TN*

**Evaluation of the Effectiveness of an EMR (EHR) Alert on Ordering of Screening Mammography in the Primary Care Setting**

*Denise A. Zollicoffer, DNP, FNP-BC/WHNP; Family Nurse Practitioner, Florida Community Health Center; Port St. Lucie FL*



## GENERAL INFORMATION

### CATERED FUNCTIONS

The following catered events are available to registered participants for each of the day(s) registered. All catered events are complimentary to registered participants unless nominal fee is indicated:

#### Wednesday (Pre-Symposium Day)

- Dinner if registered for optional session Pre 5

#### Thursday

- Morning and Afternoon Beverage Breaks
- Lunch if registered for optional Session SS2 or SS3
- Welcome Reception Buffet in Exhibit Hall

#### Friday

- Morning and Afternoon Beverage Breaks
- Box Lunch in Exhibit Hall

- Afternoon Snack Break

- Dinner if registered for optional Session M1 - \$25

#### Saturday

- Breakfast if registered for optional Session SS7
- Brunch in Exhibit Hall
- Afternoon Beverage Breaks

#### Sunday

- Morning Beverage Breaks

### ADA

Dannemiller and the National Nurse Practitioner Symposium fully comply with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of assistance, please contact [info@npsymposium.com](mailto:info@npsymposium.com) by June 7, 2016.



### GUEST/CHILD POLICIES

All educational sessions, exhibits and special events will be limited to Symposium registrants with badges. The exception is the Thursday Welcome Reception, where a limited number of guest tickets for adults (21 and over) will be available for purchase on-site at a cost of \$20 per ticket.

### COLORADO TIPS

**High Altitude:** Keystone is at an elevation of 9,300 feet and the climate is dry. Even healthy individuals can experience symptoms of altitude sickness. It is suggested that you increase the amount of water you drink both before traveling to Keystone and while at Keystone. You should also limit your activity level on the first day, while your body adjusts to the higher elevation and lower oxygen levels. Be aware that the effects of alcohol are increased at higher elevations.

**Weather:** In July, Keystone temperatures are usually in the 80s in the daytime, dropping to the 40s in the evening, with late afternoon thunder storms. Bring a hat, sunglasses and plenty of sun-screen.

**What to Wear:** Dress is casual. Layer your clothing to accommodate temperature changes. Warm clothing is essential for evenings. Comfortable walking shoes are recommended.

## TRAVEL INFORMATION

### Airline Reservations



United Airlines is offering special meeting fares for all attendees of the National Nurse Practitioner Symposium. Earn a 2% – 10% discount on United, United Express or certain United code share flights. The percentage of discount depends on the class of service booked. Special meeting fares are being offered for flights to/from Denver International Airport (DEN), Colorado Springs Airport (COS) and Eagle/Vail Airport (EGE).

To achieve maximum savings, book travel at [www.united.com](http://www.united.com). Enter ZVE2377750 in the "Offer Code Box".

You may also book through Frosch Travel (303-874-7175 or Debbie. [outcalt@frosch.com](mailto:outcalt@frosch.com)), your preferred travel agent or call United Meetings Reservations directly at 800-426-1122. Be sure to give your Z code, which is ZVE2 and meeting code of 377750. For all tickets issued through United Meetings Reservations (800-426-1122), a booking service fee will be collected.

### Ground Transportation

Keystone is 93 miles from Denver International Airport. Travel time by car is approximately 2 hours through the scenic Rocky Mountains. To reach Keystone, take I-70 west to Exit 205 (Dillon/Silverthorne). Turn left and go 6 miles east on US Highway 6, following the signs to Keystone. (GPS coordinates entry should be Keystone Conference Center, 0633 Conference Center Drive, Keystone, CO 80435.)

### Shuttle Service:

Colorado Mountain Express is offering group rates for attendees of the National Nurse Practitioner Symposium. Denver to Keystone is \$53 one-way per person on scheduled shared ride service. Private charter services are also available using 5-passenger and 10-passenger vehicles. Advance reservations are recommended. Call Colorado Mountain Express at 800-525-6363 and mention Group ID "Nurse" when making reservations.

**COLORADO MOUNTAIN EXPRESS.**

### Rental Car:

Avis Rent-A-Car is offering special rates for all attendees of the National Nurse Practitioner Symposium. For reservations contact your preferred travel agent, call Avis directly at 800-331-1600 or access [www.avis.com](http://www.avis.com). Use AWD # J992313 to receive these special rates.

**AVIS.**



## SYMPOSIUM LODGING



Keystone offers a variety of accommodations to suit your needs. Hotel guest rooms, studios and one bedroom condominiums work well for single and double occupancy housing. Larger condominiums provide additional space to allow attendees to bring their families or share accommodations with friends. National Nurse Practitioner Symposium participants are entitled to special group rates for lodging units in the following areas:

**Keystone Lodge & Spa:** A Four Diamond (AAA) property, offering three restaurants, a deli, business center, concierge, and spa with fitness center. The Lodge is accessible by complimentary resort shuttle or underground walk way to the Conference Center.

**Inn at Keystone:** Located in the center of the resort offering spectacular views of Dercum Mountain, the surrounding peaks and the protected wetlands. The Inn is a short complimentary shuttle ride to the Conference Center.

**Conference Village:** The Conference Village encompasses the Conference Center area and Keystone Lake. A limited number of lakeside condominiums surround the picturesque Keystone Lake and are a short walking distance to the Conference Center.

**River Run:** River Run is a lively, pedestrian village located at the base of Dercum Mountain. Many of Keystone's signature events take place in the main plaza, the site of boutiques and shops, restaurants and lounges. River Run is a short complimentary shuttle ride to the Conference Center.

**Reservations:** Reference Group Code CC3ION when making reservations

- Phone: 800-258-0437
- Fax: 970-496-4343
- Online: [www.npsymposium.com](http://www.npsymposium.com) (click on "Travel" link, "Lodging" sublink)
- Mail: Keystone Reservations, PO Box 38 K-25, Keystone, CO 80435

**Deposit Policy:** One night deposit is required at time of reservation, with full balance due on arrival date. Full payment at time of reservation if

made inside of 30 days of arrival date.

**Cancellation Policy:** Full refund less \$30 if canceled more than 30 days prior to arrival date. Full forfeiture of deposit if canceled 30 days or less prior to arrival date.

**Cutoff Date:** Room rates are valid through and including June 13, 2016. After June 13, 2016 rooms and rates are subject to availability. Early reservations are recommended as rooms, or certain types of rooms, may sell out prior to June 13, 2016.

**Check In/Check Out:** Check in time is 4:00pm/ Check out time is 11:00am.

**Incidentals/Damage Pre-authorization:**

At check-in, your credit/debit card will be pre-authorized for 30% of the total room charge to secure payment for incidentals, and possible damage to the accommodations. Unused funds will be released upon check-out and available according to your credit/debit card issuer's processing timeframe.

**Roommate Referral Service:** If you are interested in sharing a condo connect with others that would like to share a condo by accessing [www.npsymposium.com](http://www.npsymposium.com), then click on the "Travel" link and "Roommate Referral Service" sublink.

**Other:** All lodging requests and questions should be directed to 800-258-0437.

## LODGING RESERVATION FORM

### National Nurse Practitioner Symposium (CC3ION) • July 7-10, 2016 • Keystone, Colorado

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
 Company \_\_\_\_\_ Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
 Check-In Date \_\_\_\_\_ Check-Out Date \_\_\_\_\_ Adults Per Unit \_\_\_\_\_

**Keystone Hotel Rooms**

- Inn at Keystone  \$140      Keystone Lodge  \$154      Keystone Lodge (Loft Style)  \$165

**Keystone Condominiums**

- Gateway Mountain Lodge Studio  \$121      One Bedroom Condo (Conference Village or River Run)  \$173  
 Conference Village Studio  \$154      Two Bedroom Condo (Conference Village or River Run)  \$266  
 Three Bedroom Condo (Conference Village or River Run)  \$322  
 Four Bedroom Condo (Conference Village or River Run)  \$380

**Special Requests**

- Lower Floor       Handicapped       Smoking  
 Conference Village       River Run       Other \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_  
 Credit Card Holder Name (printed) \_\_\_\_\_ Signature \_\_\_\_\_

\*Above rates exclude taxes/fees

\*\*One night deposit is required at time of reservation

\*\*\*Cancellations outside of 30 days is a \$30.00 cancellation fee. Cancellation within 30 days of arrival forfeits full deposit

**RETURN TO: Keystone Reservations, PO Box 38 K-25, Keystone, CO 80435 • Fax: 970-496-4343**

[www.npsymposium.com](http://www.npsymposium.com)



# SYMPOSIUM REGISTRATION FORM

SAVE \$15 BY  
REGISTERING ONLINE

**Selected information will appear on your name badge. Please print clearly:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

E-mail: \_\_\_\_\_ Employer: \_\_\_\_\_

Preferred Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

Contact Phone or Cell: \_\_\_\_\_ Advanced Practice License # \_\_\_\_\_

From which School did you receive your Advanced Practice education? \_\_\_\_\_ Year graduated? \_\_\_\_\_

Please indicate if you have any need for auxiliary aids or special assistance services (*notification required by June 7, 2016*) \_\_\_\_\_

Pre-Symposium Sessions (Free with any paid registration)			
Date	Session	Time	Code/Choice
<b>Wednesday July 6</b>	Educational Session	10:30 am – 12:00 pm	<input type="checkbox"/> Pre 1
	Nexplanon Training	1:30 pm – 4:30 pm	<input type="checkbox"/> SS1 (Non-certified)
	Educational Session	1:45 pm – 3:00 pm	<input type="checkbox"/> Pre 2
	Educational Session	3:15 pm – 4:30 pm	<input type="checkbox"/> Pre 3
	Educational Session	4:45 pm – 5:45 pm	<input type="checkbox"/> Pre 4
	Dinner Session	6:00 pm – 7:30pm	<input type="checkbox"/> Pre 5
Symposium Sessions			
<b>Thursday July 7</b>	Educational Sessions	8:00 am – 9:30 am	<input type="checkbox"/> A1 <input type="checkbox"/> A2 <input type="checkbox"/> A3 <input type="checkbox"/> A4 <input type="checkbox"/> A5 <input type="checkbox"/> A6
	Educational Sessions	10:00 am – 11:30 am	<input type="checkbox"/> B1 <input type="checkbox"/> B2 <input type="checkbox"/> B3 <input type="checkbox"/> B4 <input type="checkbox"/> B5 <input type="checkbox"/> B6
	Lunch Sessions	11:45 am – 1:00 pm	<input type="checkbox"/> SS2 (Non-certified) <input type="checkbox"/> SS3 (Non-certified)
	Educational Session	1:15 pm – 2:15 pm	<input type="checkbox"/> C1
	Educational Sessions	2:30 pm – 4:00 pm	<input type="checkbox"/> D1 <input type="checkbox"/> D2 <input type="checkbox"/> D3 <input type="checkbox"/> D4 <input type="checkbox"/> D5 <input type="checkbox"/> D6
	Educational Sessions	4:30 pm – 5:30 pm	<input type="checkbox"/> E1 <input type="checkbox"/> E2 <input type="checkbox"/> E3 <input type="checkbox"/> E4 <input type="checkbox"/> E5 <input type="checkbox"/> E6
<b>Friday July 8</b>	“Walk & Talk” Around the Lake	7:15 am – 7:45 am	<input type="checkbox"/> WT1 (Non-certified)
	Educational Sessions	8:00 am – 9:30 am	<input type="checkbox"/> F1 <input type="checkbox"/> F2 <input type="checkbox"/> F3 <input type="checkbox"/> F4 <input type="checkbox"/> F5 <input type="checkbox"/> F6
	Educational Sessions	10:00 am – 11:30 am	<input type="checkbox"/> G1 <input type="checkbox"/> G2 <input type="checkbox"/> G3 <input type="checkbox"/> G4 <input type="checkbox"/> G5 <input type="checkbox"/> G6
	Ethics Forum	12:00 pm – 1:30 pm	<input type="checkbox"/> EF
	Keynote Address	2:00 pm – 3:00 pm	<input type="checkbox"/> KN
	Educational Seminar	3:15 pm – 6:15 pm	<input type="checkbox"/> H1
	Workshops (\$95 fee)	3:15 pm – 6:15 pm	(\$95 per Workshop) <input type="checkbox"/> WS1 (beginner) <input type="checkbox"/> WS1 (intermediate) <input type="checkbox"/> WS1 (advanced)
	Educational Session	3:15 pm – 4:45 pm	<input type="checkbox"/> J1
	Educational Sessions	5:30 pm – 6:15 pm	<input type="checkbox"/> L1 <input type="checkbox"/> L2 <input type="checkbox"/> L3 <input type="checkbox"/> L4 <input type="checkbox"/> L5
	Dinner Session (\$25 fee)	6:30 pm – 8:00 pm	<input type="checkbox"/> M1 (\$25 fee)



Symposium Sessions			
<b>Saturday July 9</b>	"Walk & Talk" Around the Lake	7:00 am – 7:20 am	<input type="checkbox"/> WT2 (Non-certified)
	Workshops (\$95 fee)	7:30 am – 10:30 am	Indicate 1st & 2nd choices if applicable. (\$95 per Workshop)  <input type="checkbox"/> WS2 <input type="checkbox"/> WS3 <input type="checkbox"/> WS4 <input type="checkbox"/> WS5
	Breakfast Session (Non-certified)	7:30 am – 8:45 am	<input type="checkbox"/> SS7 (Non-certified)
	Educational Sessions	9:00 am – 10:30 am	<input type="checkbox"/> N1
	Educational Sessions	12:00 pm – 1:00 pm	<input type="checkbox"/> O1 <input type="checkbox"/> O2 <input type="checkbox"/> O3 <input type="checkbox"/> O4 <input type="checkbox"/> O5 <input type="checkbox"/> O6 <input type="checkbox"/> O7
	Educational Sessions	1:30 pm – 3:00 pm	<input type="checkbox"/> P1 <input type="checkbox"/> P2 <input type="checkbox"/> P3 <input type="checkbox"/> P4 <input type="checkbox"/> P5 <input type="checkbox"/> P6 <input type="checkbox"/> P7
	Educational Sessions	3:30 pm – 5:00 pm	<input type="checkbox"/> Q1 <input type="checkbox"/> Q2 <input type="checkbox"/> Q3 <input type="checkbox"/> Q4 <input type="checkbox"/> Q5 <input type="checkbox"/> Q6 <input type="checkbox"/> Q7
<b>Sunday July 10</b>	Home "Stretch" (Non-certified)	7:00 am – 7:30 am	<input type="checkbox"/> HS (Non-certified)
	Educational Sessions	8:00 am – 9:30 am	<input type="checkbox"/> R1 <input type="checkbox"/> R2 <input type="checkbox"/> R3 <input type="checkbox"/> R4 <input type="checkbox"/> R5
	Educational Sessions	10:00 am – 11:30 am	<input type="checkbox"/> S1 <input type="checkbox"/> S2 <input type="checkbox"/> S3 <input type="checkbox"/> S4 <input type="checkbox"/> S5

Registration Fees							
Fees	<i>Save \$15 By Registering Online</i>	Paid by Feb 15, 2016	Paid by April 15, 2016	Paid by June 15, 2016	Paid after June 15, 2016	Nursing MS Student*	Totals
Symposium (Thurs – Sun)		\$555	\$630	\$680	\$730	\$445	
Weekend (Fri – Sun)		\$505	\$580	\$630	\$680	\$390	
Two-Day (Thurs-Fri, Thurs & Sat, or Fri-Sat)		\$465	\$465	\$465	\$515	N/A	
One-Day (Thurs, Fri, Sat or Sun)		\$265	\$265	\$265	\$315	N/A	
Workshop (Fri and/or Sat)		\$95/workshop	\$95/workshop	\$95/workshop	\$95/workshop	\$95/workshop	
<b>Optional Items</b>							
Reception Guest Pass (Thurs) \$20 (Registration includes admission to the Reception for symposium registrant. This pass ONLY FOR GUEST(s) if needed.)							
Dinner Session (Fri) \$25							
Hardcopy Syllabus (Must pre-order by June 15, 2016, not sold on-site) \$65							
Handouts Thumb Drive Service (All available handouts plus update service providing subsequent updates via e-mail) \$10							
<b>Total Fees</b>							

\*Spring or Summer 2016. Verification is required prior to check-in.

Check # \_\_\_\_\_ enclosed payable to: **National Nurse Practitioner Symposium**

Mail to: **National Nurse Practitioner Symposium**

4255 S Buckley Rd #118, Aurora, CO 80013  
 Phone: 800-996-3233 • Fax: 888-996-3296  
 E-mail: info@npsymposium.com

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Cardholder's Name (please print) \_\_\_\_\_ Signature: \_\_\_\_\_

Billing Address: (if different than registration address) \_\_\_\_\_

**Cancellation Policy**

**Cancellations on or before June 15, 2016 are refundable less a \$50 cancellation fee. Cancellations after June 15, 2016 are non-refundable however substitutions are allowed.**

**BENEFITS OF EARLY REGISTRATION**

- The earlier you register, the more you can save on registration rates (tiered pricing cutoff dates of Feb 15, April 15, June 15)
- Early registration allows higher probability of receiving your desired sessions before they fill up
- The sooner you register, the sooner you will start receiving announcements and/or special offers



## AWARDS, GRANTS & SCHOLARSHIPS

The National Nurse Practitioner Symposium is offering a limited number of grants and scholarships, based on varying criteria, as well as the Loretta C. Ford Lifetime Achievement Award. Deadline to submit applications and nominations is April 1, 2016.

For details and application/nomination forms please access [www.npsymposium.com](http://www.npsymposium.com) and click on the link for Awards, Grants & Scholarships, or call 800-996-3233.

Phone: 800-996-3233 or 303-690-3233

Fax: 888-996-3296 or 303-690-3278

E-mail: [info@npsymposium.com](mailto:info@npsymposium.com)

Web: [www.npsymposium.com](http://www.npsymposium.com)



**Disclosure of Conflicts of Interest:** Dannemiller requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to Dannemiller policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.